

20 Lb (9.07 kg) Oven Ready Whole Grain Nacho Encrusted Alaska Pollock Sticks 1 OZ, CN, MSC

High Liner Whole Grain Nacho Encrusted Alaska Pollock Sticks add tortilla chips and nacho flavors to whole grain breading for a distinctive flavor and crunch kids will absolutely adore. Part of this kids specialty line, these tasty wild caught portions are oven-ready, and cook to perfection in minutes. A truly unique Child Nutrition-approved treat no school menu should be without.

Product Last Saved Date: 01 October 2026

HIGH LINER FOODSERVICE™

Nutrition Facts

80 Servings per container

Serving Size **4 Sticks (112g)**

Amount Per Serving

Calories **230**

	% Daily Value*
Total Fat 9 g	**12%**
Saturated Fat 1.5 g	**8%**
Trans Fat 0 g	
Cholesterol 45 mg	**15%**
Sodium 390 mg	**17%**
Total Carbohydrates 22 g	**8%**
Dietary Fiber 2 g	**6%**
Total Sugars 0 g	
Includes 0 mg Added Sugars	**0%**
Protein 15 g	
Vitamin D 1.3 mcg	6%
Calcium 0 mg	0%
Iron 1.2 mg	6%
Potassium 320 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
38118	10028641081186	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	9.8125 INH	12.125 INH	1.0887 FTQ	12x3	540 Days	-10 FAH / 0 FAH

Ingredients :

65% ALASKA POLLOCK; 35% BATTER AND BREADING: WHOLE WHEAT FLOUR, WHOLE YELLOW CORN MEAL, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TORTILLA CHIPS [CORN, VEGETABLE OIL (CONTAINS CORN OIL AND/OR SOYBEAN OIL AND/OR SUNFLOWER OIL)], WHOLE YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WATER, CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICES, SUGAR, GARLIC POWDER, YEAST, ONION POWDER, YEAST EXTRACT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVORS, PAPRIKA EXTRACT (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen sticks on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 16-18 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Serving Suggestions:

Perfect for school lunches as a fish taco, or a uniquely flavored finger food entrée with your favorite dipping sauce.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:


PERISHABLE
KEEP FROZEN
38118


