## 125431 - Gold Medal(TM) Muffin Mix Corn Muffin 5 lb

Gold Medal(TM) corn muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins, every time, with sweet corn flavor and rustic



#### MARKETING

Corn muffin mix in an easy, just add water format from Gold Medal. Formulated to produce tender and moist muffins, every time, with sweet corn flavor and rustic appearance.. Available in cost-effective, 5 lb bulk format.. Highly tolerant formulas forgive minor errors and help eliminate waste.. Use Corn Muffin Mix for cornbread with a very sweet, moist, cake-like texture and a dark top. Corn muffins can be shaped as mini muffins, muffin tops and corn muffin loaves.

#### PRODUCT SPECIFICATIONS



Code Dist Prod Code		GTIN	Calculated Pack	
11442000	125431	10016000114422	6/5 LB	

Brand	Brand Owner	GPC Description		
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

# **Nutrition Facts**

150 Servings per container

Serving Size 2/3 cup mix

**Amount Per Serving Calories** 

	% Daily Value*
Total Fat 10	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	

Cholesterol 10 mg 3% Sodium 780 mg 34% 24% **Total Carbohydrates** 67 g

Dietary Fiber 1 g 4% Total Sugars 26 g

Includes 25 g Added Sugars 50%

Protein 4 g Vitamin D Calcium 40 mg 2% Iron 2.3 mg 15%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### HANDLING SUGGESTIONS



**SERVING SUGGESTIONS** 

1 muffin



Potassium

PREPARATION & COOKING SUGGESTIONS



%

Follow instruction on the package

## Keep in a dry cool place. Cornbread Mix is not



ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

## **INGREDIENTS**



ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, DEGERMED YELLOW CORN MEAL, SÓYBEAN OIL, MODIFIED CORN STARCH, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF: SALT, EGGS WITH SODIUM SILICOALUMINATE, MODIFIED WHEY, MONO AND DIGLYCERIDES, NONFAT MILK, XANTHAN GUM, SOY FLOUR, CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.

#### **ALLERGENS**



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(₽) Milk - C

Peanuts - 30

🕖 Eggs - C

(😘) Tree - 30

🗞) Soybean - C

(x) Fish - 30

(🔌) Wheat - C

Shellfish - NI

(%) Sesame - 30

Crustaceans - 30

Pine Nuts - 30

Almonds - 30

Cashews - 30

Hazelnuts - 30

Chestnuts - 30

(!) Pecan Nuts - 30

Macadamia Nuts -

(!) Coconuts - 30

MORE INFORMATION



Prazil Nuts - 30

Pistachios - 30

Usalnuts - 30

! Molluscs - 30

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## NUTRITIONAL ANALYSIS

Calories	370
Protein	4 g
Total Carbohydrates	67 g
Sugars	26 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	10
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	25 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

#### **NUTRITIONAL CLAIMS**

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ARTIFICIAL_PRESERVATIVES	FREE_FROM	GELATINE	FREE_FROM	CHOLESTEROL	FREE_FROM
CHOLESTEROL	LOW	HIGH FRUCTOSE CORN SYRUP	FREE FROM	ARTIFICIAL FLAVOUR	FREE FROM
ARTIFICIAL_SWEETENERS	FREE_FROM	nigh_FROCTOSE_CORN_STROP	FREE_FROW	ARTIFICIAL_FLAVOOR	FREE_FROW
VEGETARIAN	YES	TRANS_FAT	FREE_FROM	KOSHER	YES

### MORE IMAGES





