

Gold Medal

125431 - Gold Medal Corn Muffin Mix

Gold Medal(TM) corn muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins, every time, with sweet corn flavor and rustic appearance. For crediting in USDA Child Nutrition Programs: .75 ounce equivalent grain. This non-whole grain product may qualify with a whole grain exemption.



MARKETING

Corn muffin mix in an easy, just add water format from Gold Medal. Formulated to produce tender and moist muffins, every time, with sweet corn flavor and rustic appearance.. Available in cost-effective, 5 lb bulk format.. Highly tolerant formulas forgive minor errors and help eliminate waste.. Use Corn Muffin Mix for cornbread with a very sweet, moist, cake-like texture and a dark top. Corn muffins can be shaped as mini muffins, muffin tops and corn muffin loaves.. For crediting in USDA Child Nutrition Programs: .75 ounce equivalent grain. This non-whole grain product may qualify with a whole grain exemption. ...

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11442000	125431	10016000114422	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

HANDLING SUGGESTIONS

Keep in a dry cool place. Cornbread Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

MORE INFORMATION

SERVING SUGGESTIONS

1 muffin

PREPARATION & COOKING SUGGESTIONS

Follow instruction on the package

Nutrition Facts

150 Servings per container	
Serving Size	2/3 cup mix
Amount Per Serving	
Calories	370
% Daily Value*	
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 780 mg	34%
Total Carbohydrates 67 g	24%
Dietary Fiber 1 g	4%
Total Sugars 26 g	
Includes 25 g Added Sugars	50%
Protein 4 g	
Vitamin D	%
Calcium 40 mg	2%
Iron 2.3 mg	15%
Potassium	%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, DEGERMED YELLOW CORN MEAL, SOYBEAN OIL, MODIFIED CORN STARCH, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF: SALT, EGGS WITH SODIUM SILICOALUMINATE, MODIFIED WHEY, MONO AND DIGLYCERIDES, NONFAT MILK, XANTHAN GUM, SOY FLOUR. CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.

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NUTRITIONAL ANALYSIS



Calories	370	Total Fat	10 g	Sodium	780 mg
Protein	4 g	Trans Fat	0 g	Calcium	40 mg
Total Carbohydrates	67 g	Saturated Fat	1.5 g	Iron	2.3 mg
Sugars	26 g	Added Sugars	25 g	Potassium	
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg	Thiamin	
Vitamin A (IU)		Vitamin D		Niacin	
Vitamin A (RE)		Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS



HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	GELATINE	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW	ARTIFICIAL_PRESERVATIVES	FREE_FROM
CHOLESTEROL	FREE_FROM	TRANS_FAT	FREE_FROM	KOSHER	YES
VEGETARIAN	YES				

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