

145101 - Sardines In Extra-Virgin Olive Oil



These flavorful tinned sardines are responsibly sourced from family-owned fishing boats in the Cantabrian Sea. After harvest, our Sardines in Extra-Virgin Olive Oil are hand-packed in organic olive oil with a touch of salt, so the meaty texture and mild flavor of fish shine through - the sardine purist's sardine. The delicate fish make savory additions to salads, pastas and san...



MARKETING

Patagonia Provisions Sardines in Extra-Virgin Olive Oil. Responsibly sourced sardines hand-packed in high-quality organic extra-virgin olive oil and a touch of salt.

Nutrition Facts

1 Servings per container	
Serving Size	1 can
Amount Per Serving	
Calories	330
% Daily Value*	
Total Fat 32 g	41%
Saturated Fat 6 g	30%
Trans Fat 0 g	
Cholesterol 70 mg	23%
Sodium 480 mg	21%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 15 g	
Vitamin D 3 mcg	15%
Calcium 314 mg	25%
Iron 1 mg	6%
Potassium 221 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description			
145101		10810981022260		10/4.2 OZ			
Brand		Brand Owner		GPC Description			
Patagonia Provisions		Patagonia Provisions		Fish - Prepared/Processed (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition		
21 LBR	15.75 LBR	No	Spain	Undeclared	No		
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
14 INH	10 INH	8 INH	0.65 FTQ	11x06	949 Days	60 FAH / 77 FAH	
Traceability Regulation							
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors			
N/A	N/A	N/A		N/A			

HANDLING SUGGESTIONS

Refrigerate after opening---UNIT UPC: 810981022256---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - MC
- Peanuts - N
- Tree - N
- Fish - C
- Shellfish - MC
- Crustaceans - MC

INGREDIENTS

Sardines (Sardina Pilchardus), Organic Extra-Virgin Olive Oil, Salt.

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PREPARATION & COOKING SUGGESTIONS

Open and enjoy

SERVING SUGGESTIONS

Great eaten out of the tin, on salad, in pasta, over rice, for sandwiches, with crackers or incorporated into a variety of dishes

MORE INFORMATION