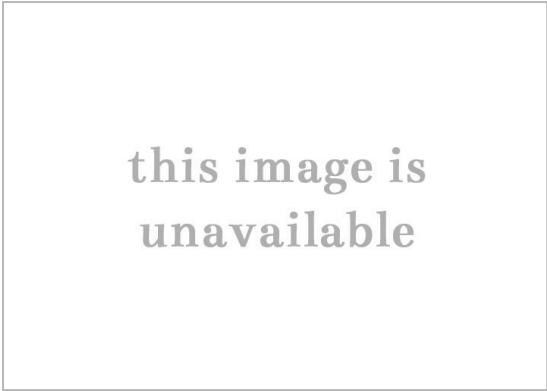


Allens

765886 - LEAF SPINACH, POPEYE'S 99OZ CANS

Allens Popeye spinach is harvested only from prime spinach fields-then processed within hours. Top quality spinach for side dishes or the main ingredient for any recipe.



MARKETING

Rich in vitamin A and a high source of vitamin C.

Nutrition Facts

150 Servings per container

Serving Size1/2 CUP

Amount Per Serving

Calories30

% Daily Value*

Total Fat0.5 g1%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium60 mg3%

Total Carbohydrates3 g1%

Dietary Fiber3 g12%

Total Sugars0 g

Includes Added Sugars%

Protein3 g

Vitamin D0 mcg0%

Calcium10%

Iron8%

Potassium%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
2002393	765886	10034700062133	6 x #10

Brand	Brand Owner	GPC Description
Allens	McCall Farms Inc	Vegetables - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
41.573 LBR	37.125 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.5 INH	12.38 INH	7.19 INH	0.953 FTQ	7x7	1095 Days	45 FAH / 110 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soy - N

Wheat - N

Sesame - N

Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - N

SERVING SUGGESTIONS

Heat and Eat!

INGREDIENTS

Spinach, Water

HANDLING SUGGESTIONS

Refrigerate unused portions in a separate, covered container.

PREPARATION & COOKING SUGGESTIONS

Stove Top: Add contents to saucepan and gently simmer until hot. Microwave: Empty contents into a microwave safe dish and cover loosely. Heat on high power for 5 minutes or until hot. Stir and serve.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	30
Protein	3 g
Total Carbohydrates	3 g
Sugars	0 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	60 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES



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