

202515 - Quaker Instant Oats 0.98 Ounce 48 Pack

QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs. You can quickly prepare QUAKER Instant Oatmeal and customize for table service. Also a great option if you include instant oatmeal on your breakfast bar.



MARKETING

QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs.. You can quickly prepare QUAKER Instant Oatmeal and customize for table service.. Also a great option if you include instant oatmeal on your breakfast bar.

Nutrition Facts

1 Servings per container	
Serving Size	Per Serving
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 2	3%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 75 mg	3%
Total Carbohydrates 18 g	7%
Dietary Fiber 3 g	9%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 120 mg	8%
Iron 7.8 mg	40%
Potassium 100 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
43661	202515	10030000436612	48/1 OZ

Brand	Brand Owner	GPC Description
Quaker	PepsiCo Inc. Brand Owner	Grains/Cereal - Not Ready to Eat - (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
3.8 LBR	3 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5 INH	10 INH	6 INH	0.538 FTQ	12x8	540 Days	35 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Eggs - NI
- Soy - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

SERVING SUGGESTIONS

PREPARATION & COOKING SUGGESTIONS

Empty packet into microwave-safe bowl. Add up to 2/3 cup unheated milk or water, stir. Microwave on HIGH 1 to 2 minutes; stir again. Caution: Bowl and contents may be hot. Microwave ovens vary in power. Cooking time may need to be adjusted. FOR THICKER OATMEAL, USE LESS WATER OR MILK.

INGREDIENTS

Whole Grain Oats, Calcium Carbonate, Salt, Reduced Iron..

HANDLING SUGGESTIONS

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	100
Protein	4 g
Total Carbohydrates	18 g
Sugars	0 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	0.5 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	120 mg
Iron	7.8 mg
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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