### 202515 - Quaker Instant Oats 0.98 Ounce 48 Pack







#### MARKETING

KI:

QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs.. You can quickly prepare QUAKER Instant Oatmeal and customize for table service.. Also a great option if you include instant oatmeal on your breakfast bar.

# **Nutrition Facts**

1 Servings per container

Serving Size Per Serving

Amount Per Serving Calories

100

	% Daily Value*
Total Fat 2	3%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 75 mg	3%
Total Carbohydrates 18 g	7%
Dietary Fiber 3 g	9%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

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Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 120 mg	8%
Iron 7.8 mg	40%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
43661	202515	10030000436612	48/1 OZ	

Brand	Brand Owner	GPC Description
Quaker	PepsiCo Inc. Brand Owner	Grains/Cereal - Not Ready to Eat - (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
3.8 LBR	3 LBR	No	United States	Yes	No

Shipping							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
ſ	15.5 INH	10 INH	6 INH	0.538 FTQ	12x8	540 Days	35 FAH / 85 FAH

# ALLERGENS



SERVING SUGGESTIONS



Potassium 100 mg



2%

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - NI

Peanuts - NI

(n) Eggs - NI

Tree Nuts - NI

🗞 Soy - NI

Fish - NI

(🕸) Wheat - NI

Shellfish - NI

Sesame - NI

#### INGH

Whole Grain Oats, Calcium Carbonate, Salt, Reduced Iron..

#### HANDLING SUGGESTIONS



All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

#### PREPARATION & COOKING SUGGESTIONS



Empty packet into microwave-safe bowl. Add up to 2/3 cup unheated milk or water, stir. Microwave on HIGH 1 to 2 minutes; stir again. Caution: Bowl and contents may be hot. Microwave ovens vary in power. Cooking time may need to be adjusted. FOR THICKER OATMEAL, USE LESS WATER OR MILK.

# MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	100
Protein	4 g
Total Carbohydrates	18 g
Sugars	0 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	0.5 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	120 mg
Iron	7.8 mg
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

KOSHER YES

MORE IMAGES



