

Quaker

202515 - Quaker Instant Oats 0.98 Ounce 48 Pack

QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs. You can quickly prepare QUAKER Instant Oatmeal and customize for table service. Also a great option if you include instant oatmeal on your breakfast bar.



MARKETING

QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs.. You can quickly prepare QUAKER Instant Oatmeal and customize for table service.. Also a great option if you include instant oatmeal on your breakfast bar.

Nutrition Facts

1 Servings per container

Serving Size

Per Serving

Amount Per Serving

Calories

100

% Daily Value*

Total Fat 2

3%

Saturated Fat 0.5 g

3%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 75 mg

3%

Total Carbohydrates 18 g

7%

Dietary Fiber 3 g

9%

Total Sugars 0 g

Includes 0 g Added Sugars

0%

Protein 4 g

Vitamin D 0 mcg

0%

Calcium 120 mg

8%

Iron 7.8 mg

40%

Potassium 100 mg

2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
43661	202515	10030000436612	48/1 OZ			
Brand	Brand Owner	GPC Description				
Quaker	PepsiCo Inc. Brand Owner	Grains/Cereal - Not Ready to Eat - (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
3.8 LBR	3 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.5 INH	10 INH	6 INH	0.538 FTQ	12x8	540 Days	35 FAH / 85 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - NI

Eggs - NI

Soybean - NI

Wheat - NI

Sesame - NI

Peanuts - NI

Tree - NI

Fish - NI

Shellfish - NI
- INGREDIENTS

Whole Grain Oats, Calcium Carbonate, Salt, Reduced Iron..
- Last Saved: 25 March 2025 | Printed: 29 July 2025

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PREPARATION & COOKING SUGGESTIONS

Empty packet into microwave-safe bowl. Add up to 2/3 cup unheated milk or water, stir. Microwave on HIGH 1 to 2 minutes; stir again. Caution: Bowl and contents may be hot. Microwave ovens vary in power. Cooking time may need to be adjusted. FOR THICKER OATMEAL, USE LESS WATER OR MILK.

SERVING SUGGESTIONS

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	100	Total Fat	2	Sodium	75 mg
Protein	4 g	Trans Fat	0 g	Calcium	120 mg
Total Carbohydrates	18 g	Saturated Fat	0.5 g	Iron	7.8 mg
Sugars	0 g	Added Sugars	0 g	Potassium	100 mg
Dietary Fiber	3 g	Polyunsaturated Fat	0.5 g	Zinc	
Lactose		Monounsaturated Fat	0.5 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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