



Our Open Prairie® Natural* Angus Boneless Beef Flank Steak is lean with lots of intense beef flavor. Flank steak is best when marinated and grilled or sliced thin and stir-fried. Flank steak is great for Moo Shu Beef, fajitas, skewers, or steak wraps. One tip for cooking flank steak is to slice beef across the grain. Open Prairie® Natural Angus Beef is flavorful, juicy and tend...



MARKETING

Open Prairie® Natural* Angus Beef. No antibiotics — ever. No added hormones or growth promotants. 100% vegetarian diet. No additives, preservatives or artificial ingredients. Well marbled and juicy, full of rich flavor

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
D5158AWN	450148	90027182038716	5/31.8 LBR TARGET

Brand	Brand Owner	GPC Description
Tyson	Tyson Foods Inc.	Beef - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.15 LBR	31.8 LBR	Yes	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.813 INH	15.813 INH	6.875 INH	1.4982 FTQ	5x7	28 Days	28 FAH / 34 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

HANDLING SUGGESTIONS

Refrigerated

SERVING SUGGESTIONS

Cut flank steak diagonally across the grain into 1/4-inch thick strips. Marinate and thread onto skewers. Grill and serve with grilled vegetables. Cook to an internal temperature of 140°F. Let beef rest for 5 minutes before serving.

PREPARATION & COOKING SUGGESTIONS

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

Nutrition Facts

Servings per container
Serving Size 4.00 OZ SERVING, Servings Per Container

Amount Per Serving
Calories 180

	% Daily Value*
Total Fat 8	14%
Saturated Fat 4 g	19%
Trans Fat	
Cholesterol 75 mg	25%
Sodium 60 mg	3%
Total Carbohydrates 0 g	0%
Dietary Fiber	%
Total Sugars	
Includes Added Sugars	%

Protein 24 g	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	180
Protein	24 g
Total Carbohydrates	0 g
Sugars	
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	
Saturated Fat	4 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	75 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	60 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

