

GREEN DRAGON

550813 - Nested Yakisoba Noodles

The Nested Yakisoba Noodles are perfect for consistent portioning. The menu applications are flexible and versatile. Our nested yakisoba noodles are zero trans-fat per serving and free of MSG.



MARKETING

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
22003WG		550813		00856235005453		233 x 2.06 OZ	
Brand		Brand Owner			GPC Description		
GREEN DRAGON		International Food Solutions, Inc.			Pasta/Noodles - Not Ready to Eat (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
32.5 LBR	30 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
20 INH	12.75 INH	12.13 INH	1.79 FTQ	7x6	450 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

Keep frozen at 0°F +/- 10°F.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - C
- Shellfish - N
- Sesame - N
- Crustaceans - N

Nutrition Facts

233 Servings per container	
Serving Size	2.06 oz
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 30 mg	1%
Total Carbohydrates 20 g	7%
Dietary Fiber 0 g	%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 9 mg	0%
Iron 1 mg	6%
Potassium 75 mg	2%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, 100% Fully Refined Soybean Oil, Salt, Potassium Carbonate, Sodium Carbonate. CONTAINS: WHEAT

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PREPARATION & COOKING SUGGESTIONS

BASIC HEATING INSTRUCTIONS: Noodle is precooked, just heat and serve. Steamer: Place nests in perforated pan uncovered. Place pan in the steamer. Heat with steam for 1-2 minutes or until reheated. Oven: Place perforated pan over hot pan with water. Place noodles nests in perforated pan and cover. Heat for 10-15 minutes in preheated oven at 365 degrees or until reheated. Serving: Equipment and times may vary. Use thermometer to ensure food temperature is 165°F or above.

SERVING SUGGESTIONS

Nested noodles can be sauced and served just like other noodles, without the need for portioning.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	110
Protein	4 g
Total Carbohydrates	20 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	30 mg
Calcium	9 mg
Iron	1 mg
Potassium	75 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

