# 680880 - Cumin (Comino), Ground

Light brown to olive-brown oval seeds of plant of the parsley family. Stongly aromatic, hot and bitter taste. Essential ingredient of curry powder and chili powder.



#### MARKETING



# **Nutrition Facts**

3888 Servings per container

**Serving Size** 

Amount Per Serving **Calories** 

.7 grams

	% Daily Value*
Total Fat 0.15 g	0%
Saturated Fat 0 g	0%

Trans Fat 0 g

Cholesterol 0 mg 0% 0% Sodium 1 mg **Total Carbohydrates** 0.3 g 0%

Dietary Fiber 0 g 0% Total Sugars 0 g

**Includes Added Sugars** 

**Protein** 0 g Vitamin D % Calcium 0% Iron 2.5%

Potassium % The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS



Brand	Brand Owner	GPC Description
Baron Spices, Inc.	Baron Spices, Inc.	Herbs/Spices (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8 LBR	6 LBR	No	IN, IR	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
9.75 INH	7.5 INH	8.5 INH	0.36 FTQ	25x5	548 Days	60 FAH / 70 FAH

# HANDLING SUGGESTIONS



# **SERVING SUGGESTIONS**



# PREPARATION & COOKING SUGGESTIONS

%

Add to dips, nachos, salsas, chili, gumbo, bean soup, fajitas, chicken croquettes, game sausage or stews, deviled crab, fish batters, bean dishes, squash, rice, bean salad, pastas, chutney, bbq

sauces and marinades, dressins, cornbread and jalapeno loaf.

Ready to use. Stir in and cook.

advice.

#### INGREDIENTS



#### **ALLERGENS**



MORE INFORMATION

Spice

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

([]) Milk - N

(S) Peanuts - N

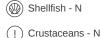
(()) Eggs - N











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# **NUTRITIONAL ANALYSIS**



Calories	2.6
Protein	0 g
Total Carbohydrates	0.3 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.15 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

KOSHER	YES	

# MORE IMAGES



