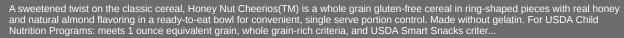
## 909576 - General Mills Honey Nut Cheerios







### MARKETING

Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Gluten free and gelatin free. Kosher. Contains no artificial flavors and no colors from artificial sources.. For USDA Child Nutrition Programs: meets 2 ounce equivalent grain standard, whole grain-rich criteria, and USDA Smart Snacks criteria.

### PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
11918000	909576	10016000119182	96/1 OZ

Brand Brand Owner		Brand Owner	GPC Description		
	Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.200 LBR	6.00 LBR	No	United States	Yes	No

	Shipping						
Length Width Height Volume TIxHI Shelf Life Storage Temp From/To							
16.750 INH	13.000 INH	14.120 INH	1.77900 FTQ	9x7	312 Days	32 FAH / 95 FAH	

# **Nutrition Facts**

96 Servings per container

Serving Size

**Amount Per Serving Calories** 

Sodium 160 mg

% Daily Value

7%

1 bowl

	-
Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	

**Total Carbohydrates** 23 g 8% Dietary Fiber 2 g 8% Total Sugars 9 g

Includes 9 g Added Sugars 18% Protein 2 a

Protein 2 g	
Vitamin D 3 mcg	15%
Calcium 90 mg	6%
Iron 2.7 mg	15%
Potassium 110 mg	2%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola

and/or Sunflower Oil, Natural Almond Flavor. Vitamin E

(sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate)

Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin

(mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C

(folic acid), Vitamin B12, Vitamin D3.

### **ALLERGENS**



### SERVING SUGGESTIONS

One Bowlpak



**INGREDIENTS** 

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(் Milk - 30

(%) Peanuts - 30

(n) Eggs - 30

(1) Tree Nuts - C

🗞 Soy - 30

(SO) Fish - 30

(🕸) Wheat - 30

(M) Shellfish - NI

(%) Sesame - 30



### HANDLING SUGGESTIONS



**PREPARATION & COOKING SUGGESTIONS** 



Keep in a cool, dry place

Ready to eat

### MORE INFORMATION



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# 909576 - General Mills Honey Nut Cheerios



A sweetened twist on the classic cereal, Honey Nut Cheerios(TM) is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criter...

NUTRITIONAL ANALYSIS

Calories	110
Protein	2 g
Total Carbohydrates	23 g
Sugars	9 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	9 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	90 mg
Iron	2.7 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

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MSG	FREE_FROM	FIBRE	GOOD_SOURCE_OF	CHOLESTEROL	LOW
TRANS_FAT	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	IRON	GOOD_SOURCE_OF
ENERGY	SOURCE_OF	SATURATED_FAT	LOW	CHOLESTEROL	FREE_FROM
IRON	EXCELLENT_SOURCE_OF				
ARTIFICIAL_FLAVOUR	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	VITAMIN_D	EXCELLENT_SOURCE_OF
CALCIUM	GOOD_SOURCE_OF	FAT	LOW	GLUTEN	FREE_FROM
FREE_FROM_GLUTEN	YES	ARTIFICIAL_SWEETENERS	FREE_FROM	KOSHER	YES

### MORE IMAGES





