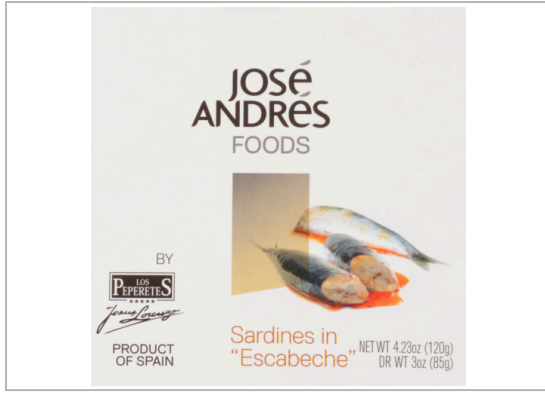


504716 - Sardines in Escabeche Gluten Free



Harvested using centuries-old methods from the pristine waters of Galicia specifically along the shores of the Rianxo estuaries these sardines are celebrated for their mild, tender texture and rich flavor. Prepared just hours after being caught, the fish are first rinsed in fresh seawater, then lightly sautéed in olive oil to hold their shape. Once cooled and drained, each sard...



MARKETING

These sardines are truly a taste of Spain. Fished with centuries-old methods from the waters of Galicia, which give the sardines a succulent flavor, they are prepared in 'escabeche,' a classic marinade of olive oil, vinegar, paprika, salt and spices.

Nutrition Facts

1 Servings per container

Serving Size 1 package (85g)

Amount Per Serving

Calories **150**

% Daily Value*

Total Fat 7 g	9%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 85 mg	28%
Sodium 410 mg	18%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 20 g	
Vitamin D 6 mcg	30%
Calcium 290 mg	20%
Iron 1 mg	4%
Potassium 220 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
4716	10855985004713	12/4.23 OZ				
Brand	Brand Owner	GPC Description				
José Andrés	Los Peperetes	Ready-Made Combination Meals - Not Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
4.4 LBR	3.12 LBR	No	Spain	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
4.3 INH	4.5 INH	12.3 INH	0.14 FTQ	22x10	1694 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry Storage---UNIT UPC: 855985004716---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- | | |
|--------------|-----------------|
| Milk - N | Peanuts - N |
| Eggs - N | Tree - N |
| Soybean - N | Fish - MC |
| Wheat - N | Shellfish - C |
| Sesame - N | Crustaceans - C |
| Molluscs - C | |

INGREDIENTS

Sardines, Olive Oil, Vinegar, Water, Paprika, Black Pepper, Bay Leaf, Onion and Salt

José Andrés

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PREPARATION & COOKING SUGGESTIONS

See label for suggestions

SERVING SUGGESTIONS

Enjoy with some crusty bread.

MORE INFORMATION