

## 760195 - Simplet Harvest Fresh Avocados Avocado Halves, Frozen...

Cut over 90 minutes of prep from your kitchen with every case ;Mexican Hass picked at the height of the season for rich, buttery flavor;Eliminates waste—why pay for pits, peels and prep?;Speed-scratch convenience—just thaw and serve ;Always ripe, always ready



### MARKETING



### PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
10071179026938	760195	10071179026938	12/2 lbs

Brand	Brand Owner	GPC Description
Simplet Harvest Fresh® Avocados	J. R. Simplet Company	Fruit - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
26 LBR	24 LBR	No	Mexico	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
18.625 INH	10.625 INH	11.875 INH	1.3599 FTQ	9x8	730 Days	-10 FAH / 10 FAH

## Nutrition Facts

180 Servings per container

**Serving Size** 1 half (43g)

**Amount Per Serving**  
**Calories** **90**

% Daily Value\*

**Total Fat** 9 g **12%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 75 mg **3%**

**Total Carbohydrates** 3 g **1%**

Dietary Fiber 2 g **7%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 1 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0.4 mg 2%

Potassium 240 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### HANDLING SUGGESTIONS



Keep frozen 0°F or below

### SERVING SUGGESTIONS



Slice, dice or mash these halves to create any dish you need! Great for salads, bowls, burger, sandwiches or being the base for your back of house guacamole!

### PREPARATION & COOKING SUGGESTIONS



Thaw and Serve FOR BEST QUALITY, THAW UNOPENED BAG FOR 8-10 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT 40°F. ONCE THAWED, DO NOT REFREEZE.

### INGREDIENTS



HASS AVOCADO, SALT, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), CITRIC ACID.

### ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N Peanuts - N

Eggs - N Tree - N

Soybean - N Fish - N

Wheat - N Shellfish - NI

Sesame - N Crustaceans - N

Molluscs - N

### MORE INFORMATION



## 760195 - Simplot Harvest Fresh Avocados Avocado Halves, Frozen...

Cut over 90 minutes of prep from your kitchen with every case ;Mexican Hass picked at the height of the season for rich, buttery flavor;Eliminates waste—why pay for pits, peels and prep?;Speed-scratch convenience—just thaw and serve ;Always ripe, always ready

### NUTRITIONAL ANALYSIS



Calories	90
Protein	1 g
Total Carbohydrates	3 g
Sugars	0 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	0 mg
Iron	0.4 mg
Potassium	240 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



GLUTEN	FREE_FROM	SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	CORN	CONTAINS	TRANS_FAT	FREE_FROM
HALAL	YES	KOSHER	YES	VEGAN	YES
VEGETARIAN	YES				

### MORE IMAGES

