

# 444165 - Beyond Beef Crumbles Original 2 x 5lb

Meat-free, vegan, fully-cooked Beef-Free Crumble tastes, chews and satisfies like ground beef. Gluten & soy-free with superior taste & texture vs. other meat alternatives. All of the protein, and half the fat of ground beef without the cholesterol and saturated fat. Thaw and handle like cooked ground beef. Perfect for use in virtually any ground beef recipe: sauces, chili, soups...



## MARKETING

Vegan by Vegetarian Society. Kosher by OK Kosher. Halal by ISA Halal Montreal Authority. Low in Saturated Fat, Contains 7g of total fat per serving. 11g of protein per serving. No Soy, No Gluten. No Added Hormones & Antibiotics\* \*Like All Plant-Based Foods

## Nutrition Facts

82 Servings per container

**Serving Size** 1/2 cup

**Amount Per Serving**  
**Calories** 120

% Daily Value\*

**Total Fat** 7 **9%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 210 mg **9%**

**Total Carbohydrates** 3 g **1%**

Dietary Fiber 1 g **2%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 11 g

Vitamin D 0 mcg 0%

Calcium 20 mg 0%

Iron 2.8 mg 15%

Potassium 120 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
2B24-002	444165	10852629004276	2 x 5#

Brand	Brand Owner	GPC Description
Beyond Meat	Beyond Meat Inc.	Meat Substitutes - Non Animal Based (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.8 LBR	10 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
5.625 INH	16.375 INH	11.5 INH	0.613 FTQ	9x7	545 Days	-10 FAH / 10 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

## SERVING SUGGESTIONS

## INGREDIENTS

Water, Pea Protein†, Expeller-Pressed Canola Oil, Natural Flavors, Rice Protein 2% or less of Faba Bean Protein, Potato Starch, Pomegranate Concentrate, Inulin, Garlic Powder, Onion Powder, Apple Extract, Yeast Extract, Salt, Spice, Tomato Powder.

## HANDLING SUGGESTIONS

KEEP FROZEN Shelf Life: Made with 365 days frozen; refrigerate unopened 21 days; opened 7 days Cooking & Handling Instructions: Serve hot or cold. Thaw in refrigeration overnight. Preferred cooking method is in a skillet over high heat, stirring frequently for 2 – 3 minutes or until desired temperature is reached. Bake only if mixed into sauce or marinade. Treat as cooked ground beef & do not overcook.

## PREPARATION & COOKING SUGGESTIONS

Cooking & Handling Recommendations: STORAGE & PREP Store frozen. Cook from thawed or frozen. If cooking from thawed, defrost in refrigerator overnight and cook within 5 days. Hold up to 2 hours at 180°F to 200°F with sauce on a steam table. COOK METHOD FLATTOP Full bag: Preheat flat top to medium-high heat with a generous amount of oil. Add crumbles and sauté for about 8 minutes, stirring frequently. STOVETOP IN SAUCE Add frozen crumbles to simmering sauce over medium heat and cook, covered, for about 5-10 minutes, stirring frequently. CONVECTION OVEN (PIZZA) Bake crumbles on top of pizza at 500°F for about 4 minutes or until fully cooked. CONVEYOR PIZZA OVEN Bake crumbles on top of pizza at 600°F for about 2 minutes or until fully cooked. (Top Air: 65% and Bottom Air: 95%). Equipment may vary. Times given are approximate. Always cook to an internal temperature of 145°F. NOT RECOMMENDED: Microwave or Air fryer. ...

## MORE INFORMATION

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## NUTRITIONAL ANALYSIS



Calories	120
Protein	11 g
Total Carbohydrates	3 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	2 g
Monounsaturated Fat	3.5 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	210 mg
Calcium	20 mg
Iron	2.8 mg
Potassium	120 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



GLUTEN	FREE_FROM
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VEGAN	YES
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## MORE IMAGES

