

BERNARD

122045 - MIX, CAKE CHOCOLATE SUGAR-FREE

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 9 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
539041	122045	10073347506822	6/16 ounce

Brand	Brand Owner	GPC Description
BERNARD	Bernard Food Industries Inc	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.75 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS

Great with Calorie Control Icing or Whipped Topping. For a special treat, try Calorie Control Mousse as a topping and/or filling

HANDLING SUGGESTIONS

Store Dry at Room Temperature

PREPARATION & COOKING SUGGESTIONS

Place 16 oz. of mix in mixing bowl. Add 1-1/4 cups (10 fl. Oz) of cool water. Beat approximately 3 minutes on medium speed. Pour batter into cak pans and bake at 375° for 25 minutes or until done.

MORE INFORMATION

E-mail : Email: bernardfoods@bernardfoods.com
Call 800-323-3663

Nutrition Facts

72 Servings per container	
Serving Size	38 grams mix
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 3 g	4%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 190 mg	8%
Total Carbohydrates 28 g	10%
Dietary Fiber 1 g	6%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 1 mg	8%
Potassium 110 mg	4%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), SORBITOL, MALTODEXTRIN, COCOA (PROCESSED WITHALKALI), DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, POWDERED CELLULOSE,SODIUM BICARBONATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERSOF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL ANDDISODIUM PHOSPHATE), MODIFIED CORN STARCH, SODIUM ALUMINUM PHOSPHATE,LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN), MONOCALCIUM PHOSPHATE, GUAR GUM, ARTIFICIAL FLAVOR, XANTHAN GUM, ACESULFAME POTASSIUM. Contains MILK, EGG, WHEAT, SOY

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NUTRITIONAL ANALYSIS



Calories	130	Total Fat	3 g	Sodium	190 mg
Protein	3 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	28 g	Saturated Fat	1.5 g	Iron	1 mg
Sugars	0 g	Added Sugars	0 g	Potassium	110 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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