

BERNARD

122045 - MIX, CAKE CHOCOLATE SUGAR-FREE

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 9 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
539041	122045	10073347506822	6/16 ounce

Brand	Brand Owner	GPC Description
BERNARD	Bernard Food Industries Inc	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.75 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH

HANDLING SUGGESTIONS



Store Dry at Room Temperature

SERVING SUGGESTIONS



Great with Calorie Control Icing or Whipped Topping. For a special treat, try Calorie Control Mousse as a topping and/or filling

PREPARATION & COOKING SUGGESTIONS



Place 16 oz. of mix in mixing bowl. Add 1-1/4 cups (10 fl. Oz) of cool water. Beat approximately 3 minutes on medium speed. Pour batter into cak pans and bake at 375° for 25 minutes or until done.

Nutrition Facts

72 Servings per container

Serving Size 38 grams mix

Amount Per Serving

Calories 130

% Daily Value*

Total Fat 3 g 4%

Saturated Fat 1.5 g 7%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 190 mg 8%

Total Carbohydrates 28 g 10%

Dietary Fiber 1 g 6%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 1 mg 8%

Potassium 110 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), SORBITOL, MALTODEXTRIN, COCOA (PROCESSED WITHALKALI), DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, POWDERED CELLULOSE, SODIUM BICARBONATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), MODIFIED CORN STARCH, SODIUM ALUMINUM PHOSPHATE, LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN), MONOCALCIUM PHOSPHATE, GUAR GUM, ARTIFICIAL FLAVOR, XANTHAN GUM, ACESULFAME POTASSIUM. Contains MILK, EGG, WHEAT, SOY

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- AU - N
- Mustard - N
- Coconuts - N
- Walnuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N
- Cereals - N
- Corn - N
- Pecan Nuts - N
- Molluscs - N

MORE INFORMATION



E-mail : Email: bernardfoods@bernardfoods.com Call 800-323-3663

122045 - MIX, CAKE CHOCOLATE SUGAR-FREE

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 9 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.

NUTRITIONAL ANALYSIS

Calories	130
Protein	3 g
Total Carbohydrates	28 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	30 mg
Iron	1 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM
-----------	-----------