



20 Lb (9.07 kg) Brewer's Choice Battered Haddock Skinless Fillets, Approx. 11 oz, MSC

High Liner Foods Brewer's Choice® Battered Haddock Portions are dipped in specially seasoned batter made with rich malty beer. These larger-sized wild caught portions come fryer or oven ready, and require minimal prep. Each cooks from frozen to perfection in minutes with exceptional plate coverage. This seals in the species' mild, sweet flavor, and melt-in-your mouth texture for that crunchy, flaky-fish bite patrons can't resist. A hearty appetite-pleasing treat for beer lovers and non-beer lovers that fits an array of applications.

Product Last Saved Date: 20 October 2025



Nutrition Facts		Product Specifications :				
29 Servings per container		Code		GTIN		Type Of Catch
Serving Size 11 oz (308g / About 1 Fillet)		10001662		10073538016628		WILD
Amount Per Serving		Brand		GPC Description		
Calories 620		High Liner Foods		Fish - Prepared/Processed (Frozen)		
% Daily Value*		Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
Total Fat 27 g 35%		22 LBR	20 LBR	N/A	Undeclared	
Saturated Fat 4.5 g 21%		Shipping Information				
Trans Fat 0 g		Length	Width	Height	Volume	TlxHI
Cholesterol 105 mg 35%		15.8125 INH	11.8125 INH	12.125 INH	1.3106 FTQ	10x3
Sodium 1700 mg 74%		Shelf Life	Storage Temp From/To			
Total Carbohydrates 52 g 19%		540 Days	-10 FAH / 0 FAH			
Dietary Fiber 2 g 5%		Ingredients :				
Total Sugars 1 g		HADDOCK, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), BEER (WATER, BARLEY MALT, RICE, HOPS AND YEAST), YELLOW CORN FLOUR, WATER, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHEAT FLOUR, SALT, SUGAR, WHITE CORN FLOUR, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVORS. CONTAINS: FISH (HADDOCK), WHEAT				
Includes 0 g Added Sugars 0%		Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):				
Protein 37 g		Eggs - INII	Milk - INII		Soy - INII	
Vitamin D 0.9 mcg 4%		Fish - C	Wheat - C		TreeNuts - INII	
Calcium 40 mg 2%		Peanuts - INII	Crustacean - INII		Sesame - INII	
Iron 1.1 mg 6%						
Potassium 610 mg 15%						
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.						

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 7 minutes. TO BAKE: Place frozen fillets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for about 15 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 25 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

These Brewer's Choice® Battered Haddock Portions are ideal for big appetite fish and chips, oversized sandwiches, and as a hearty center of the plate. They pair well with malt vinegar, traditional seafood sauces or your own complementary sauce.

Species / Scientific Name:

Haddock - Melanogrammus aeglefinus

Claims & Child Nutrition:

BAP Certified:
 MSC Certified: Yes
 Has CN Statement: No
 CN Statement:



