

10039978011036 - Bob's Red Mill® Old Country Style Muesli

GOOD MORNINGS START WITH GOOD INGREDIENTS: An irresistible blend of whole grain wheat, rolled oats, raisins, almonds and walnuts; enjoy it cold with milk, hot like oatmeal, or the European way—soaked overnight with yogurt and grated apple. WHOLE GRAIN GOODNESS IN EVERY BITE: Packed with high-energy oats, crunchy nuts and naturally sweet raisins, this muesli is a deliciously hea...



MARKETING

Old Country Style Muesli is a tasty traditional European-inspired muesli cereal made from a blend of whole grain wheat, rolled oats, raisins, almonds and walnuts. A versatile pantry staple: enjoy its whole grain goodness cold with milk, hot like oatmeal, or as overnight oats with yogurt and shredded apple! Beyond breakfast, muesli makes a great snack right out of the bag and adds a satisfying crunch and natural sweetness to cookies, muffins and breads.



Nutrition Facts

32 Servings per container  
Serving Size 1/4 cup (35g)

Amount Per Serving  
Calories 140

% Daily Value\*

Total Fat 3 4%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrates 23 g 8%

Dietary Fiber 4 g 14%

Total Sugars 5 g

Includes 0 g Added Sugars 0%

Protein 4 g

Vitamin D 0 mcg 0%

Calcium 14 mg 2%

Iron 1 mg 6%

Potassium 195 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

| Code                    |            | GTIN                             |                                 |                   | Pack Description                               |                                         |                 |
|-------------------------|------------|----------------------------------|---------------------------------|-------------------|------------------------------------------------|-----------------------------------------|-----------------|
| P101111                 |            | 10039978011036                   |                                 |                   |                                                |                                         |                 |
| Brand                   |            | Brand Owner                      |                                 |                   | GPC Description                                |                                         |                 |
| BOB'S RED MILL®         |            | Bob's Red Mill®NATURAL FOODS INC |                                 |                   | Cereals Products - Ready to Eat (Shelf Stable) |                                         |                 |
| Gross Weight            | Net Weight | Case/Catch Weight                |                                 | Country Of Origin |                                                | Kosher                                  | Child Nutrition |
| 10.8125 LBR             | 10 LBR     | No                               |                                 | United States     |                                                | Yes                                     | No              |
| Shipping                |            |                                  |                                 |                   |                                                |                                         |                 |
| Length                  | Width      | Height                           | Volume                          | TlxHl             | Shelf Life                                     | Storage Temp From/To                    |                 |
| 13.25 INH               | 6.8125 INH | 8.25 INH                         | 0.431 FTQ                       | 21x8              | 548 Days                                       | 32 FAH / 71 FAH                         |                 |
| Traceability Regulation |            |                                  |                                 |                   |                                                |                                         |                 |
| Regulation Type Code    |            | Regulatory Act                   | Trade Item Regulation Compliant |                   |                                                | Regulation Restrictions and Descriptors |                 |
| N/A                     |            | N/A                              | N/A                             |                   |                                                | N/A                                     |                 |

HANDLING SUGGESTIONS



Store in a cool, dry place. Keeps best refrigerated or frozen after opening.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - MC

Peanuts - N

Eggs - N

Tree - C

Soybean - MC

Fish - N

Wheat - C

Shellfish - NI

Sesame - MC

Crustaceans - N

Cereals - C

INGREDIENTS



Whole Grain Wheat, Dates, Sunflower Seeds, Raisins (Raisins, Sunflower Oil), Whole Grain Rye, Barley, Whole Grain Oats, Whole Grain Triticale (wheat), Almonds, Flaxseed and Walnuts

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## PREPARATION & COOKING SUGGESTIONS



Ready to Eat

## SERVING SUGGESTIONS



Enjoy our muesli hot, cold or soaked in yogurt overnight.

## MORE INFORMATION



Telephone : 800-349-2173, Website : [www.bobsredmill.com](http://www.bobsredmill.com), E-mail : [customerservice@bobsredmill.com](mailto:customerservice@bobsredmill.com)