## 200209 - Kellogg's All Bran Cereal Original 18.6oz 8ct

Greet your morning with Kellogg's All-Bran, a delicious, low-fat breakfast cereal made with simple, wholesome ingredients. A healthy, family-favorite cereal, Kellogg's All-Bran Original is made to enjoy by the bowlful. Each serving provides a good source of 8 vitamins and minerals, is an excellent source of fiber and contains no artificial colors or flavors. A travel-ready food...



#### MARKETING

All-Bran cereal; Packaged for freshness and great taste. A travel-ready food; Makes a tasty snack at work, afternoon pick me up at school, or late night treat. Enjoy by the bowlful, with yogurt and fruit, and as the base for your favorite savory dishes, desserts, and bread recipes. Crunchy high-fiber cereal simply made with wholesome wheat bran; A delicious part of any balanced breakfast. Low fat; Good source of 8 vitamins and minerals: Excellent source of fiber: Low sodium

# **Nutrition Facts** Includes 8, 18.6oz boxes of ready-to-eat

13 Servings per container

**Serving Size** 2/3 Cup

**Amount Per Serving Calories** 

10%

|                           | % Daily Value* |
|---------------------------|----------------|
| Total Fat 2               | 3%             |
| Saturated Fat 0 g         | 0%             |
| Trans Fat 0 g             |                |
| Cholesterol 0 mg          | 0%             |
| Sodium 95 mg              | 4%             |
| Total Carbohydrates 32 g  | 12%            |
| Dietary Fiber 12 g        | 44%            |
| Total Sugars 9 g          |                |
| Includes 8 g Added Sugars | 16%            |
| Protein 5 g               |                |

| Calcium o mg     | 070 |
|------------------|-----|
| Iron 4.6 mg      | 25% |
| Potassium 330 mg | 6%  |

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS

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|-------------------------|----------|----------------|---------------|-----------------|-------------------|----------------|-----------------|----------------------------------|-----------------|--|--|
| Code                    |          | Dist Prod Code |               |                 | GTIN              |                | Calculated Pack |                                  |                 |  |  |
| 3800019840              | )        | 200209         |               |                 | (                 | 00038000198403 |                 | 8 x 18.3 OZ                      |                 |  |  |
| Brand                   |          | Brand Owner    |               |                 |                   | GP             | C Descr         | iption                           |                 |  |  |
| Kellogg's               |          | WK KELLOG      | g co          | G CO Cereals Pr |                   |                |                 | ts - Ready to Eat (Shelf Stable) |                 |  |  |
| Gross Weig              | ht N     | Net Weight     | Case/Catch We |                 | eight             | Country Of     | Origin          | Kosher                           | Child Nutrition |  |  |
| 11.383 LBR              |          | 9.3 LBR        | No            |                 |                   | United States  |                 | Yes                              | No              |  |  |
|                         | Shipping |                |               |                 |                   |                |                 |                                  |                 |  |  |
| Length                  | Wid      | th Heigh       | nt Vo         | lume            | TIxHI             | Shelf Lif      | е               | Storage T                        | emp From/To     |  |  |
| 15.563 INH              | 8 IN     | IH 12 INI      | d 0.86        | 5 FTQ           | 15x4              | 365 Days       | 365 Days 35 FAI |                                  | H / 85 FAH      |  |  |
| Traceability Regulation |          |                |               |                 |                   |                |                 |                                  |                 |  |  |
| Regulation              | Туре     | Regula         | tory          | Trade           | Item Regulation R |                | Reg             | Regulation Restrictions and      |                 |  |  |
| Code                    |          | Act            | t             |                 | Compliant         |                |                 | Descriptors                      |                 |  |  |
| N/A                     |          | N/A            | N/A           |                 |                   |                |                 | N/A                              |                 |  |  |

### HANDLING SUGGESTIONS

Dry



#### **ALLERGENS**



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(門) Milk - 30

Peanuts - 30

(n) Eggs - 30

Tree - 30

🗞 Soybean - 30

(🖾) Fish - 30

🛞 Wheat - C

Shellfish - 30

(%) Sesame - 30

Crustaceans - 30

### **INGREDIENTS**

vitamin B12

Vitamin D 2 mcg

Calaium 0 ma

INGREDIENTS: WHEAT BRAN, SUGAR, MALT FLAVOR, CONTAINS 2% OR LESS OF salt. VITAMINS AND MINERALS: Niacinamide, reduced iron, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3,

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION



**NUTRITIONAL ANALYSIS** 

| _ | - |  |
|---|---|--|

| Calories            | 120  |
|---------------------|------|
| Protein             | 5 g  |
| Total Carbohydrates | 32 g |
| Sugars              | 9 g  |
| Dietary Fiber       | 12 g |
| Lactose             |      |
| Sucrose             |      |
| Vitamin A (IU)      |      |
| Vitamin A (RE)      |      |
| Vitamin C           |      |
| Magnesium           |      |
| Monosodium          |      |

| 2      |
|--------|
| 0 g    |
| 0 g    |
| 8 g    |
| 1.5 g  |
| 0 g    |
| 0 mg   |
| 2 mcg  |
|        |
| 80 mcg |
|        |
|        |
|        |

| Sodium       | 95 mg  |
|--------------|--------|
| Calcium      | 0 mg   |
| Iron         | 4.6 mg |
| Potassium    | 330 mg |
| Zinc         |        |
| Phosphorus   |        |
|              |        |
| Thiamin      |        |
| Niacin       |        |
| Riboflavin   |        |
| Vitamin B-12 |        |
| Nitrates     |        |

**NUTRITIONAL CLAIMS** 

KOSHER

YES

### **MORE IMAGES**







