



MARKETING

Thin yet sturdy wrapper balances perfectly with the amount of filling. Easy prep - pan fry, steam, or deep fry in minutes. Less on the label: no added MSG, no artificial flavors added. Pre-cooked for food safety. Each case comes with three bags with 2.5 lbs. of dumplings

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
60582	260546	10760941261256	3 PACKS OF 50 - 0.80 OZ EACH.

Brand	Brand Owner	GPC Description
CHEF ONE®	Twin Marquis Inc.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.5 LBR	7.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12 INH	9 INH	7.5 INH	0.469 FTQ	17x7	365 Days	0 FAH / 31 FAH

HANDLING SUGGESTIONS

Master Case; store at a maximum temperature of 0.00 F/ -17.78 C

SERVING SUGGESTIONS

Can be served in soup or as an Asian appetizer, side dish, or entrée

Nutrition Facts

12 Servings per container

Serving Size4 Pieces (96g)

Amount Per Serving

Calories150

% Daily Value\*

Total Fat 1.52%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 25 mg8%

Sodium 290 mg13%

Total Carbohydrates 25 g9%

Dietary Fiber 1 g4%

Total Sugars 4 g

Includes 3 g Added Sugars6%

Protein 9 g

Vitamin D 0 mcg0%

Calcium 20 mg2%

Iron 0.8 mg4%

Potassium 70 mg2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: FILLING: CHICKEN, CABBAGE, ONION, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), SCALLION, GARLIC, GINGER, CONTAINS 2% OR LESS OF: MIRIN (CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, FERMENTED RICE SEASONING [WATER, RICE, CORN SYRUP, ALCOHOL, SALT], VINEGAR, SODIUM BENZOATE [PRESERVATIVE]), WHITE VINEGAR, DARK SOY SAUCE (WATER, SOY BEANS, SUGAR, SALT, WHEAT FLOUR, EXTRACT OF MUSHROOM, SULFUR DIOXIDE [PRESERVATIVE]), NATURAL FLAVOR (YEAST EXTRACT, NATURAL FLAVOR, SALT), BLACK PEPPER. DOUGH: BLEACHED WHEAT FLOUR, WATER, MODIFIED TAPIOCA STARCH, CONTAINS 2% OR LESS OF: WHEAT GLUTEN, CANOLA OIL, SALT.

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - N

Eggs - N

Soybean - C

Wheat - C

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

PREPARATION & COOKING SUGGESTIONS

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. Pan-Sear: Heat a large nonstick skillet pan over high heat then add 2oz of water to coat. Add 12-14 frozen dumplings then cover and cook for 2-3 minutes or until most water is absorbed. Reduce heat to medium, then add ½ oz of oil. Cover and let simmer for approximately 3-4 minutes or until golden brown. Deep-Fry: Pre-heat oil to 350°F, place 12-14 frozen dumplings into a fryer basket. Fry for 4-5 minutes or until golden brown, periodically shaking baskets during cook time to prevent dumplings from sticking together. Steam: Pre-heat steamer. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Steam dumplings uncovered for 8 minutes or until cooked through. Boil(soup): Add frozen dumplings into boiling water. Cover and boil over high heat 3 minutes or until dumplings float on top...

MORE INFORMATION

E-mail : CPS.FoodService@schwans.com

CHEF ONE®

260546 - SFS CHEF ONE CHICKEN TERI PSTKR NET WT 7.50LBS 3CT

Dumpling with the sweet and savory flavor of grilled teriyaki chicken and onion

NUTRITIONAL ANALYSIS

Calories	156	Total Fat	1.6	Sodium	302.1 mg
Protein	9.4 g	Trans Fat	0 g	Calcium	20.8 mg
Total Carbohydrates	26 g	Saturated Fat	0 g	Iron	0.8 mg
Sugars	4.2 g	Added Sugars	3 g	Potassium	72.9 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	26 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

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