

160112 - Black Beans

Camellia Brand Black Beans are small, oval-shaped beans with a big, "meaty" flavor. A staple in virtually all Latin cuisines, Black Beans are delicious in salads, soups, purees, and stews, whether vegetarian or seasoned with meat. Just add lashings of garlic! They look nice, too, especially when their rich, dark color is paired with yellow rice.



MARKETING

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Nutrition Facts

9 Servings per container	
Serving Size	1/4 Cup
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrates 32 g	12%
Dietary Fiber 8 g	29%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 11 g	
Vitamin D 0 mcg	0%
Calcium 65 mg	5%
Iron 2.52 mg	14%
Potassium 544 mg	16%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
1601-12	00071054120136	12/1 LB				
Brand	Brand Owner	GPC Description				
Camellia	LH Hayward and Co LLC	Vegetables - Prepared/Processed (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
12.2 LBR	12 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
8.5 INH	9 INH	6 INH	0.27 FTQ	20x07	475 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Store in dry place---UNIT UPC: 071054000131---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

Black Beans

Camellia

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PREPARATION & COOKING SUGGESTIONS

Boil for 1.5 hours

SERVING SUGGESTIONS

Serve over rice or as a side dish

MORE INFORMATION