



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
09816	202962	10042400098161	6 x 36 OZ

Brand	Brand Owner	GPC Description
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
15.26 LBR	13.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20 INH	16 INH	9.38 INH	1.737 FTQ	6x5	365 Days	32 FAH / 95 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

HANDLING SUGGESTIONS



Dry

SERVING SUGGESTIONS



serve with fruit and/or milk

PREPARATION & COOKING SUGGESTIONS



Add milk

MORE INFORMATION



Nutrition Facts

216 Servings per container

Serving Size **1 1/4 cup**

Amount Per Serving **Calories 190**

% Daily Value\*

<b>Total Fat</b> 1 g	<b>1%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 240 mg	<b>11%</b>
<b>Total Carbohydrates</b> 48 g	<b>17%</b>
Dietary Fiber 9 g	<b>31%</b>
Total Sugars 20 g	
Includes 9 g Added Sugars	<b>19%</b>

Protein 5 g

Vitamin D 2 mcg	10%
Calcium 30 mg	2%
Iron 10.8 mg	60%
Potassium 340 mg	8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



Whole grain wheat, raisins, wheat bran, sugar, corn syrup, malt extract, salt, molasses, annatto (for color), reduced iron, niacin (niacinamide), zinc (zinc oxide), vitamin A palmitate, citric acid, vitamin D, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin B12, folate (folic acid).



## NUTRITIONAL ANALYSIS



Calories	190
Protein	5 g
Total Carbohydrates	48 g
Sugars	20 g
Dietary Fiber	9 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	9 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	30 mg
Iron	10.8 mg
Potassium	340 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
-----------	-----------

KOSHER	YES
--------	-----