



## 21.78 Lb (9.89 kg) Whole Grain Crunchy Breaded Mozzarella Cheese Sticks 0.84 oz, CN

High Liner Mozzarella Sticks are the perfect example of an irresistible classic made with whole grain. Quality mozzarella is coated with just the right amount of breading, seasoned with mild Italian herbs and spices. Each fries to the perfectly crunchy, flavorful gooeyness craved by all ages.

Product Last Saved Date: 31 July 2025

# Nutrition Facts

83 Servings per container  
**Serving Size** 5 Sticks (118g)

**Amount Per Serving**  
**Calories** 400

	% Daily Value*
<b>Total Fat</b> 22 g	<b>28%</b>
Saturated Fat 8 g	<b>39%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 30 mg	<b>10%</b>
<b>Sodium</b> 380 mg	<b>16%</b>
<b>Total Carbohydrates</b> 32 g	<b>12%</b>
Dietary Fiber 3 g	<b>10%</b>
Total Sugars 3 g	
Includes 2 g Added Sugars	<b>4%</b>

<b>Protein</b> 19 g	
Vitamin D 0 mcg	0%
Calcium 430 mg	35%
Iron 1.7 mg	10%
Potassium 160 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
G1042DF	30041810010422	

Brand	GPC Description
High Liner Foodservice	Cheese (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
23.958 LBR	21.78 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.8125 INH	11.8125 INH	10.125 INH	1.0944 FTQ	10x6	547 Days	-10 FAH / 0 FAH

### Ingredients :

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, AND ENZYMES), WHOLE WHEAT FLOUR, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SUGAR, GARLIC POWDER, ONION POWDER, MODIFIED CELLULOSE, YEAST, YEAST EXTRACT, WHEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SALT, SPICES, CORN STARCH, YELLOW CORN FLOUR, FRUIT CONCENTRATE FOR COLOR (APPLE, HIBISCUS), MALTODEXTRIN, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). CONTAINS: WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - N	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 2 minutes 15 seconds. TO BAKE: Place frozen sticks on a lightly oiled sheet pan.  
CONVECTION OVEN: Preheat oven to 425°F and bake for 6-7 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 160°F MINIMUM. CAUTION: CHEESE FILLING MAY BE HOT

### Serving Suggestions:

The quintessential appetizer, these superb mozzarella sticks are a natural with marinara but also pair well any special sauce you create.

### Species / Scientific Name:

n/a

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified:  
Has CN Statement: Yes  
CN Statement: FIVE 0.84 oz WHOLE GRAIN BREADED CHEESE STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.





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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

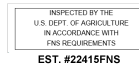
**Label Copy:**

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

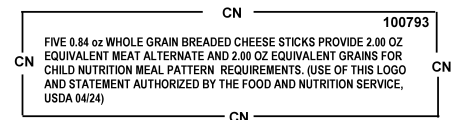
**Whole Grain Crunchy  
Breaded Mozzarella Cheese  
Sticks 0.84 oz**

Contains Min 83 - 4.2 oz Servings

**G1042**



LOT#: XXXXXXXXXX



INDIVIDUALLY  
QUICK FROZEN

KEEP FROZEN

DO NOT  
REFREEZE

MANUFACTURED BY:  
HIGH LINER FOODS,  
PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL:  
1-888-860-3664  
[www.highlinerfoodservice.com](http://www.highlinerfoodservice.com)

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**INGREDIENTS:** LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, AND ENZYMES), WHOLE WHEAT FLOUR, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SUGAR, CARBON DIOXIDE, ONION POWDER, MODIFIED CELLULOSE, YEAST, YEAST EXTRACT, WHEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SALT, SPICES, CORN STARCH, YELLOW CORN FLOUR, FRUIT CONCENTRATE FOR COLOR (APPLE, HIBISCUS), MALTODEXTRIN, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR).

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**NET WT 21.78 Lb (9.89 kg)**



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**G1042**

**High Liner Bid Desk Contact and Specification Verification:**

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