

# High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Quick Frozen Pacific Halibut Portions, 142 - 156 g / 5 - 5.5 oz

Pacific Halibut is prized for it's sweet and succulent flavour and snow-white colour. The firm chunky flakes provide the meaty appeal for which this premium fish is known.

Product Last Saved Date: 04 June 2025



# **Nutrition Facts**

Servings per container

Serving Size Per about 1 portion (149

Amoun	t Per	Servi	ing
Cal	or	ies	3

130

Calories	130
	% Daily Value
Total Fat 2 g	3%
Saturated Fat 0.4 g	2%
Trans Fat 0 g	
Cholesterol 75 mg	%
Sodium 100 mg	4%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 28 g	
Vitamin D	9/
Calcium 10 mg	1%
Iron 0.2 mg	1%
Potassium 650 mg	14%

]	Product Specifications :					
	Code	GTIN	Type Of Catch			
a	8891	10061763088916				

Brand	GPC Description	
High Liner Foodservice Signature	Fish - Unprepared/Unprocessed (Frozen)	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.22 KGM			Undeclared	No

Shipping Information							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	37.5 CMT	27.8 CMT	13 CMT	0.0136 MTQ	10x14	540 Days	

#### Ingredients:

Pacific halibut. Contains: Pacific halibut (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - NI	Milk - NI	Soy - NI		
Fish - NI	Wheat - NI	TreeNuts - NI Sesame - NI		
Peanuts - NI	Crustacean - NI			

#### Prep & Cooking Suggestions:

Cook until a minimum internal temperature of 158°F (70°C) is reached.

### Serving Suggestions:

Poach halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

## Species / Scientific Name:

#### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No
CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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