



MARKETING

Certified Kosher Dairy. Can be sold to schools. 1.75 Grain Ounce Equivalents based using crediting standards based on grams of grains. No High Fructose Corn Syrup.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
00100	567710	10091752001008	24/4 oz

Brand	Brand Owner	GPC Description
Otis Spunkmeyer	ASPIRE BAKERIES	Pies/Pastries - Sweet (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
7.250 LBR	6.000 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.500 INH	11.750 INH	5.875 INH	0.6192 FTQ	10x13	365 Days	-10 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

HANDLING SUGGESTIONS

24 muffins are individually wrapped in film that is fully labeled for retail sale. Muffins are packed into a corrugated shipping case. Keep Frozen; Shelf Life After Bake: Not applicable.; Shelf Life After Defrost: 35 days (wrapped) when thawed at room temperature.; After Defrost Storage Type: Ambient

MORE INFORMATION

SERVING SUGGESTIONS

Allow product to Thaw for 30 minutes before serving.

PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

Nutrition Facts

1 Servings per container	
Serving Size	1 MUFFIN
Amount Per Serving	
Calories	420
% Daily Value*	
Total Fat 17 g	22%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 470 mg	20%
Total Carbohydrates 60 g	22%
Dietary Fiber 1 g	4%
Total Sugars 34 g	
Includes 32 g Added Sugars	64%
Protein 6 g	
Vitamin D 0.2 mcg	2%
Calcium 60 mg	4%
Iron 2.4 mg	15%
Potassium 180 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, BLUEBERRIES, EGGS, CONTAINS 2% OR LESS OF: WHEAT STARCH, DEFATTED SOY FLOUR, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, POTASSIUM SORBATE (PRESERVATIVE), DEXTROSE, NATURAL AND ARTIFICIAL FLAVOR, BLUEBERRY JUICE CONCENTRATE, BLACKBERRY JUICE CONCENTRATE, MALIC ACID, ENZYMES. CONTAINS: EGGS, SOY, WHEAT. MADE IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, AND TREE NUTS (ALMONDS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).

NUTRITIONAL ANALYSIS



Calories	420
Protein	6 g
Total Carbohydrates	60 g
Sugars	34 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	17 g
Trans Fat	0 g
Saturated Fat	3.5 g
Added Sugars	32 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	55 mg
Vitamin D	0.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	470 mg
Calcium	60 mg
Iron	2.4 mg
Potassium	180 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES

