

567710 - NATURALLY FLAVORED WILD BLUEBERRY MUFFINS

Great for breakfast on the go, lunch boxes, snacking.



MARKETING

Certified Kosher Dairy. Can be sold to schools. 1.75 Grain Ounce Equivalents based using crediting standards based on grams of grains. No High Fructose Corn Syrup.



Nutrition Facts

1 Servings per container	
Serving Size	1 MUFFIN
Amount Per Serving	
Calories	420
% Daily Value*	
Total Fat 17 g	22%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 470 mg	20%
Total Carbohydrates 60 g	22%
Dietary Fiber 1 g	4%
Total Sugars 34 g	
Includes 32 g Added Sugars	64%

Protein 6 g	
Vitamin D 0.2 mcg	2%
Calcium 60 mg	4%
Iron 2.4 mg	15%
Potassium 180 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Product Identification and Classification						
Code	Dist Prod Code		GTIN		Calculated Pack	
00100	567710		10091752001008		24/4 oz	
Brand		Brand Owner		GPC Description		
Otis Spunkmeyer		ASPIRE BAKERIES		Pies/Pastries - Sweet (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
7.250 LBR	6.000 LBR	No		United States	Yes	No
Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.500 INH	11.750 INH	5.875 INH	0.6192 FTQ	10x13	365 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS



24 muffins are individually wrapped in film that is fully labeled for retail sale. Muffins are packed into a corrugated shipping case. Keep Frozen; Shelf Life After Bake: Not applicable.; Shelf Life After Defrost: 35 days (wrapped) when thawed at room temperature.; After Defrost Storage Type: Ambient

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - C
- Tree - 30
- Soybean - C
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30
- Crustaceans - 30
- AU - 30

INGREDIENTS



INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, BLUEBERRIES, EGGS, CONTAINS 2% OR LESS OF: WHEAT STARCH, DEFATTED SOY FLOUR, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, POTASSIUM SORBATE (PRESERVATIVE), DEXTROSE, NATURAL AND ARTIFICIAL FLAVOR, BLUEBERRY JUICE CONCENTRATE, BLACKBERRY JUICE CONCENTRATE, MALIC ACID, ENZYMES.CONTAINS: EGGS, SOY, WHEAT.MADE IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, AND TREE NUTS (ALMONDS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).

PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

SERVING SUGGESTIONS

Allow product to Thaw for 30 minutes before serving.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	420	Total Fat	17 g	Sodium	470 mg
Protein	6 g	Trans Fat	0 g	Calcium	60 mg
Total Carbohydrates	60 g	Saturated Fat	3.5 g	Iron	2.4 mg
Sugars	34 g	Added Sugars	32 g	Potassium	180 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55 mg		
Vitamin A (IU)		Vitamin D	0.2 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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MORE IMAGES



Otis Spunkmeyer

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