

# 169117 - Oatmeal Bites with Dried Fruits



Our delicious, Healthy Oatmeal Cookies are gluten-free, NON-GMO, dairy-free, high fiber, low net carbs, and made with organic and natural ingredients. Not only do we take great pride in our cookies, but we are also health nuts. Our Oatmeal Bites are sweetened only with chicory root fiber that is known to help keep insulin spikes under control.



## MARKETING

Our delicious, Healthy Oatmeal Cookies are gluten-free, NON-GMO, dairy-free, high fiber, low net carbs, and made with organic and natural ingredients that is known to help keep insulin spikes under control.

## Nutrition Facts

4 Servings per container

**Serving Size** About 2 cookies

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**Amount Per Serving**

**Calories** **90**

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% Daily Value\*

**Total Fat** 3 g **5%**

Saturated Fat 0.6 g **3%**

Trans Fat 0 g

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**Cholesterol** 0 mg **0%**

**Sodium** 10 mg **1%**

**Total Carbohydrates** 14 g **5%**

Dietary Fiber 10 g **40%**

Total Sugars 2 g

Includes 0 g Added Sugars **0%**

**Protein** 4 g

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Vitamin D 0.04 mcg 0.2%

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Calcium 13 mg 1%

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Iron 0.36 mg 2%

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Potassium 27 mg 1%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
00011		10867169000114		20/6 OZ		
Brand		Brand Owner		GPC Description		
Alyssa's		Alyssas Bakery LLC		Biscuits/Cookies (Shelf Stable)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11.5 LBR	7.5 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12 INH	12 INH	12 INH	1 FTQ	12x06	78 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

## HANDLING SUGGESTIONS

keep in container, dry storage---UNIT UPC: 867169000117---

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

## INGREDIENTS

Gluten Free Whole Grain Rolled Oats, Ground Whole Oats, Oat Bran, Chicory Root Fiber, Dried Fruits (Cranberries, Black Currants, Unsweetened Coconut, Dates), Organic Palm Fruit Oil, Filtered Water, Organic Coconut Oil, Ground Flax Seeds, Natural Flavors, Vanilla Extract, Psyllium Husk, Chia Seeds, Baking Soda, Cinnamon.

Alyssa's

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### PREPARATION & COOKING SUGGESTIONS

remove from carton and enjoy.

### SERVING SUGGESTIONS

Snaking, cookie tray

### MORE INFORMATION