

351170 - SFS MINH VEGETABLE FRIED RICE NET WT 12.00LBS 4CT

Vegetable Fried Rice is made with white rice, carrots, peas, corn, red bell peppers, onions, and authentic Asian seasonings



MARKETING

Each 3LB bag contains a complete mix of onion, carrot, corn, red bell pepper, green peas, sugar, corn oil, green onion and authentic Asian seasonings. Easy to portion consistently, rice does not stick or clump. Not fully cooked - must be cooked to an internal temperature of 165° F. The right size bag, steam, boil-in-bag, or bake for a side that's ready in minutes. Less on the label. No high fructose corn syrup, no certified artificial colors, no added MSG

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
59372	351170	10035367593725	4 PACKS OF 1 - 3.00 LBS EACH.

Brand	Brand Owner	GPC Description
MINH®	SCHWAN'S FOOD SERVICE INC	Grain Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.59 LBR	12 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.625 INH	9.625 INH	6.5 INH	0.566 FTQ	12x6	365 Days	-20 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - C
- Wheat - N
- Sesame - C
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

HANDLING SUGGESTIONS

Master Case; store at a maximum temperature of 0.00 F/ -17.78 C

MORE INFORMATION

E-mail : CPS.FoodService@schwans.com

SERVING SUGGESTIONS

Serve as a side to a Asian-themed entree

PREPARATION & COOKING SUGGESTIONS

COOKING INSTRUCTIONS. For food safety and quality, cook before eating to an internal temperature of 160°F. Cooking instructions are based on one bag.
CONVECTION OVEN: Preheat oven to 450°F using HIGH fan setting. Coat half steamer pan with vegetable spray. Place fried rice in pan, cover with foil. Cut a 4" slit in foil to vent. Thawed: 15-20 minutes Frozen: 30-35 minutes
CONVENTIONAL OVEN: Preheat oven to 425°F. Coat half steamer pan with vegetable spray. Place fried rice in pan. Thawed: 30-35 minutes Frozen: 45-50 minutes
BOIL IN BAG: Place rice packet in boiling water and cover. Thawed: 35-40 minutes Frozen: 45-50 minutes
STEAMER: Place rice packet on perforated steamer pan. Thawed: 30-35 minutes NOTE: Due to oven variances, cooking times may require adjustment. ...

Nutrition Facts

38 Servings per container

Serving Size 1 Cup (140g)

Amount Per Serving
Calories 150

	% Daily Value*
Total Fat 2	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 430 mg	19%
Total Carbohydrates 32 g	12%
Dietary Fiber 0 g	0%
Total Sugars 4 g	
Includes 2 g Added Sugars	4%

Protein 3 g

Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 1.2 mg	6%
Potassium 40 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: COOKED WHITE RICE, ONIONS, CARROTS, SOY SAUCE (WATER, SOYBEANS, RICE, SALT), CORN, RED BELL PEPPERS, PEAS, SUGAR, GREEN ONIONS, SOYBEAN OIL, TOASTED SESAME OIL.



NUTRITIONAL ANALYSIS



Calories	107
Protein	2.1 g
Total Carbohydrates	22.9 g
Sugars	2.9 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.4
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	307.1 mg
Calcium	21.4 mg
Iron	0.9 mg
Potassium	28.6 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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