



# 10 Lb (4.54 kg) Par-Fried Whole Grain Potato Crunch Pollock Nuggets 1.0 oz, Kosher, CN, MSC

High Liner Whole Grain Potato Crunch Pollock Nuggets add real potato sticks to the whole grain breading for a distinct flavor and super crunchy-fun bite kids and adults can't resist. These wild caught, oven-ready, portion-controlled nuggets bake from frozen to golden potato-crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 01 July 2025

## Nutrition Facts

40 Servings per container

**Serving Size** 4 Nuggets (112g)

**Amount Per Serving**

**Calories** 250

% Daily Value\*

<b>Total Fat</b> 12 g	<b>15%</b>
Saturated Fat 1.5 g	<b>8%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 45 mg	<b>15%</b>
<b>Sodium</b> 390 mg	<b>17%</b>
<b>Total Carbohydrates</b> 22 g	<b>8%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 15 g	
Vitamin D 1 mcg	6%
Calcium 16 mg	2%
Iron 1 mg	6%
Potassium 449 mg	10%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
06551	00074638065519	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

64.5% POLLOCK, 35.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, WHEY, SUGAR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVOR, YEAST. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

**Prep & Cooking Suggestions:**

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Bake at 375°F for 8-12 minutes. CONVENTIONAL OVEN: Bake at 400°F for 15-20 minutes. TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes or until golden brown. Drain and serve. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

**Serving Suggestions:**

Ideal as a finger food entrée for school lunch and healthcare dining paired with your favorite dipping sauce and nutritional side.

**Species / Scientific Name:**

Pollock - Gadus chalcogrammus

**Claims & Child Nutrition:**

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.





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**1.0 oz, Kosher, CN, MSC**

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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

**Label Copy:**

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

**Par-Fried Whole Grain  
Potato Crunch  
Pollock Nuggets 1.0 oz**

**06551**



**LOT#: 1234567890**



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MSC-C-50552

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QUICK FROZEN

KEEP FROZEN

DO NOT  
REFREEZE

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FOR INQUIRIES CALL: 1-888-866-3664  
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**NET WT 10 Lb (4.54 kg)**

CN 100588  
FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 10/2023) CN

**06551**



EST. # 045



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**High Liner Bid Desk Contact and Specification Verification:**

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