

## 202347 - CEREAL, OATMEAL QUICK



As a sodium and cholesterol-free food, Maypo Quick Oats Oatmeal has no preservatives and is low in fat. Maypo Quick Oats is a heart healthy food. As part of a heart healthy diet, the soluble fiber in Maypo may reduce cholesterol and 3 grams of soluble fiber daily from oatmeal may reduce the risk of heart disease. Maypo has 2 grams per serving.



## MARKETING



## Nutrition Facts

30 Servings per container

Serving Size

3 tbsp

Amount Per Serving

Calories

150

% Daily Value\*

Total Fat 2.5 g

4%

Saturated Fat 0.5 g

3%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 0 mg

0%

Total Carbohydrates 27 g

9%

Dietary Fiber 4 g

15%

Total Sugars 0 g

Includes Added Sugars

%

Protein 5 g

Vitamin D

%

Calcium 0 mg

0%

Iron 10 mg

10%

Potassium

%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
43103	202347	10064144431035	8 x 42 OZ

Brand	Brand Owner	GPC Description
MAYPO	HOMESTAT FARM, LTD.	Cereals Products - Not Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
24.5 LBR	21 LBR	No	United States	Yes	Yes

## Shipping

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.6 INH	13.1 INH	9.9 INH	1.096 FTQ	9x4	360 Days	32 FAH / 95 FAH

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

## SERVING SUGGESTIONS



## INGREDIENTS



100% natural rolled oats

## HANDLING SUGGESTIONS



Store at ambient temperatures in a cool, dry area.

## PREPARATION &amp; COOKING SUGGESTIONS



## MORE INFORMATION





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## NUTRITIONAL ANALYSIS



Calories	150
Protein	5 g
Total Carbohydrates	27 g
Sugars	0 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2.5 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	10 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



DAIRY	FREE_FROM
TRANS_FAT	FREE_FROM
SUGARS	NO_ADDED

LACTOSE	FREE_FROM
SODIUM_SALT	LOW
KOSHER	YES

FAT	LOW
CHOLESTEROL	LOW
VEGAN	YES

## MORE IMAGES

