



20 Lb (9.07 kg) Whole Grain Oven Ready Potato Breaded Alaska Pollock FishFries 1.3 oz, CN, MSC

High Liner Foodservice Whole Grain Potato Crunch Alaska Pollock fries add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion-controlled fillet bakes from frozen to golden crispy perfection in minutes with no mess.

Product Last Saved Date: 31 July 2025



Nutrition Facts

82 Servings per container

Serving Size 3 FishFries (109g)

Amount Per Serving
Calories 230

% Daily Value*

Total Fat 13 g 13%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 45 mg 15%

Sodium 420 mg 18%

Total Carbohydrates 20 g 7%

Dietary Fiber 1 g 4%

Total Sugars 1 g

Includes 1 g Added Sugars 1%

Protein 15 g

Vitamin D 1.3 mcg 6%

Calcium 0 mg 0%

Iron 1.2 mg 6%

Potassium 350 mg 8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
53448	10070737534489	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6969 INH	9.6969 INH	10.8937 INH	0.9596 FTQ	12x4	540 Days	-10 FAH / 0 FAH

Ingredients :

65.8% ALASKA POLLOCK; 34.2% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), CONTAINS 2% OR LESS OF: CORN SYRUP, WATER, POTATO FLAKES (POTATOES, MONOGLYCERIDES), SALT, TAPIOCA STARCH, RICE FLOUR, POTATO STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), PALM OIL, YEAST, DEXTROSE, SUGAR, NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN. CONVECTION OVEN: PREHEAT OVEN TO 375°F AND BAKE FOR 10 MINUTES. CONVENTIONAL OVEN: PREHEAT OVEN TO 400°F AND BAKE FOR 18 MINUTES. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

Serve with a favorite dipping sauce!

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: Yes
CN Statement: THREE 1.30 oz. WHOLE GRAIN OVEN READY POTATO BREADED ALASKA POLLOCK FISHFRIES PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.





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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

Whole Grain Oven Ready
Potato Breaded
Alaska Pollock FishFries
1.3 oz

53448

LOT #: 1234567890



CN
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CN

INDIVIDUALLY
QUICK FROZEN

KEEP FROZEN

DO NOT
REFREEZE

MANUFACTURED BY: HIGH LINER
FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-860-3664
www.highlinerfoodservice.com

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Incorporated

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NET WT 20 Lb (9.07 kg)



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From an MSC certified
sustainable fishery.
www.msc.org
MSC-C-50552

TM Used under license.

53448



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High Liner Bid Desk Contact and Specification Verification:

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