

# 124681 - MIX, FROSTING CALORIE CONTROL CHOCOLATE WHIPPED

Bernard Calorie Control® Whipped Frosting Mix requires only the addition of water and whips up to a light, almost fluffy, frosting that spreads easily on cakes and brownies. Since Bernard Calorie Control® Whipped Frosting is available in four flavors, there is one to top any one of the many flavors of Bernard Diet Cake you choose to serve. One 12 ounce bag of Calorie Control® W...



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
552001	124681	10073347507744	6/12 ounce

Brand	Brand Owner	GPC Description
CALORIE CONTROL	Bernard Food Industries Inc	Cakes - Sweet (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.25 LBR	4.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

## HANDLING SUGGESTIONS



Store Dry at Room Temperature

## MORE INFORMATION



E-mail : Email: [bernardfoods@bernardfoods.com](mailto:bernardfoods@bernardfoods.com)  
Call 800-323-3663

## SERVING SUGGESTIONS



Smaller Serving Directions: Use 1-1/2 cups of mix and 5 fl. oz. of cold water. Mix as directed above. Yield 2-1/2 to 3 cups of frosting.

## PREPARATION & COOKING SUGGESTIONS



Add contents of pouch and 1-1/4 cup (10 fl oz) very cold water into a mixing bowl. Use whip attachment. Start mixer on low speed. Slowly increase mixer speed until high speed is reached. Whip about 3 minutes on highest speed. Yields about 5 to 6 cups of frosting. This will cover 1 full sheet pan or eight - 8" round cake layers

# Nutrition Facts

240 Servings per container

**Serving Size** 2 TBSP( 5 G MIX)

**Amount Per Serving**

**Calories** **40**

**% Daily Value\***

**Total Fat** 2 g **3%**

Saturated Fat 2 g **3%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 5 mg **0%**

**Total Carbohydrates** 5 g **2%**

Dietary Fiber 1 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 1 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1 mg 4%

Potassium 110 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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## NUTRITIONAL ANALYSIS



Calories	40
Protein	1 g
Total Carbohydrates	5 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	5 mg
Calcium	0 mg
Iron	1 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



CHOLESTEROL	LOW
LACTOSE	FREE_FROM
TRANS_FAT	FREE_FROM

FAT	LOW
SODIUM_SALT	LOW
FREE_FROM_GLUTEN	YES

GLUTEN	FREE_FROM
SUGARS	NO_ADDED