

218021 - Potato Lefse Norwegian Style Flatbread



Small, family-owned bakery in northern Minnesota. Rolling lefse since 1959. Employs 12 wonderful, local people. Our bakery operates out of a refurbished brick country schoolhouse! Lefse is a Scandinavian delicacy. Lefse dough is rolled thin and baked on a hot griddle. It has a rich flavor and soft texture. Lefse is a potato-based flatbread and is traditionally enjoyed with b...



MARKETING

Mrs. Olson's LEFSE or Lefsa (lef'sa) is a traditional, Scandinavian, potato based, soft flat bread. Lefse dough is rolled very thin and baked on a hot, dry griddle. It has a rich flavor and soft texture making it perfect for wraps, sandwiches and on the go snacks.

Nutrition Facts

12 Servings per container

Serving Size

1/2 Sheet

Amount Per Serving

Calories

50

% Daily Value*

Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 135 mg	6%
Total Carbohydrates 11 g	4%
Dietary Fiber 1 g	4%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%

Protein 1 g

Vitamin D 0 mcg 0%

Calcium 26 mg 2%

Iron 0.36 mg 2%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
21802	10073836000053	16/9.6 OZ				
Brand		Brand Owner		GPC Description		
Mrs. Olson's Lefse		Simmers Products Co		Bread (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	9.6 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12 INH	12 INH	4 INH	0.33 FTQ	12x13	176 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Stays fresh! Mrs. Olson's Lefse comes in a resealable bag and can be kept at room temperature for up to 2 weeks. Lefse will tend to dry out, so for longer storage place in refrigerator or in freezer. Stores frozen up to 6 months. ---UNIT UPC: 073836000056---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

water, dried potato flakes (with mono & diglycerides and citric acid), enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), canola oil, specially processed whey solids and nonfat dry milk, salt, sorbic acid (preservative)

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PREPARATION & COOKING SUGGESTIONS

Our lefse is best at room temp or slightly heated in microwave (about 5-10 seconds!)

SERVING SUGGESTIONS

Serve it up the traditional way! Spread your lefse with butter and roll it up. Serve it sweet! Spread your lefse with butter and sprinkle on a little sugar or sugar and cinnamon. Serve it up for lunch! Lefse makes a great on the go snack. Roll it up with your favorite lunch meats and cheeses. Get moving with lefse! Pop a lefse snack in your backpack, it will not "crush" like other breads.

MORE INFORMATION