

71922 - Sharp Cheddar Bar Light50



Open up our farmers' Lite50 Sharp Cheddar Cheese and discover that classic cheddar bite you love, minus any extra fat or calories. Full of bold, sharp flavor and nutty, tangy notes, try this cheddar in all your favorite recipes. Nestle it between some whole grain bread for a healthy, delicious lunch, or slice it up with some green grapes and roasted almonds for a nutritious wor...



MARKETING

Enjoy all the bold cheddar flavor you crave but skip the extra calories and fat with Cabot Sharp Lite Cheddar Cheese, ideal for guilt-free snacking and healthy recipes. Just 70 calories and 4.5 grams of fat per 1-ounce serving. Award-winning taste. 50% less fat than sharp cheddar cheese.

Nutrition Facts

32 Servings per container	
Serving Size	1.0 OZ
Amount Per Serving	
Calories	70
% Daily Value*	
Total Fat 4 g	5%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 15 mg	5%
Sodium 220 mg	10%
Total Carbohydrates 1 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 8 g	
Vitamin D 0 mcg	0%
Calcium 262 mg	20%
Iron 0 mg	0%
Potassium 30 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description			
1922		10078354719227		12/8 OZ			
Brand		Brand Owner		GPC Description			
Cabot		Cabot Creamery		Cheese (Perishable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition		
6.38 LBR	6 LBR	No	United States	Undeclared	No		
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
14.68 INH	6.87 INH	2.694 INH	0.16 FTQ	17x18	118 Days	35 FAH / 37.5 FAH	
Traceability Regulation							
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors				
N/A	N/A	N/A	N/A				

HANDLING SUGGESTIONS

35°-45°F---UNIT UPC: 078354719220---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

Pasteurized lowfat milk, cheese cultures, salt, enzymes, Vitamin A palmitate.

Cabot

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PREPARATION & COOKING SUGGESTIONS

Ready To Eat

SERVING SUGGESTIONS

Melt it between some whole wheat bread for a super gooey grilled cheese, shred it over corn chips for nachos on the lighter side, or simply cube it up and enjoy with some fresh fruit and nuts for a healthy snack.

MORE INFORMATION