

Cheerios

200779 - Cheerios(TM) Cereal Single Serve Cup 1.3 oz

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in the perfect size option for the on-the-go patron.



MARKETING

The classic toasted whole grain oat, gluten-free cereal is a family favorite that generations can enjoy.. Ready to eat dry cereal in a convenient, portable cup. 60 per case.. Cup has room for milk—no dishes required. Made with 100% whole grain oats and fortified with 11 essential vitamins and minerals.. Recommended for business and industry, college and university, lodging, and healthcare settings.

Nutrition Facts

60 Servings per container

Serving Size	1 container
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 2.5 g	3%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Total Carbohydrates 26 g	9%
Dietary Fiber 4 g	14%
Total Sugars 2 g	
Includes 1 g Added Sugars	2%
Protein 5 g	
Vitamin D	8%
Calcium	8%
Iron	60%
Potassium	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
28931000	200779	00016000289314	60/1.3 OZ

Brand	Brand Owner	GPC Description
Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.000 LBR	4.88 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	18.000 INH	2.10500 FTQ	9x5	312 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - 30

Eggs - 30

Soy - 30

Wheat - 30

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

1 container

INGREDIENTS

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness.and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

Keep in a dry cool place

PREPARATION & COOKING SUGGESTIONS

READY TO EAT

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	130	Total Fat	2.5 g	Sodium	180 mg
Protein	5 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	26 g	Saturated Fat	0.5 g	Iron	
Sugars	2 g	Added Sugars	1 g	Potassium	
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



WHOLE_GRAIN	EXCELLENT_SOURCE_OF	MSG	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF
ARTIFICIAL_FLAVOUR	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	GLUTEN	FREE_FROM
FAT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	FIBRE	GOOD_SOURCE_OF
GMO	FREE_FROM	TRANS_FAT	FREE_FROM	CALCIUM	GOOD_SOURCE_OF
FREE_FROM_GLUTEN	YES	VEGETARIAN	YES	KOSHER	YES

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