

200779 - Cheerios(TM) Cereal Single Serve Cup 1.3 oz

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in the perfect size option for the on-the-go patron.



MARKETING

The classic toasted whole grain oat, gluten-free cereal is a family favorite that generations can enjoy.. Ready to eat dry cereal in a convenient, portable cup. 60 per case.. Cup has room for milk—no dishes required. Made with 100% whole grain oats and fortified with 11 essential vitamins and minerals.. Recommended for business and industry, college and university, lodging, and healthcare settings.

Nutrition Facts

60 Servings per container

Serving Size 1 container

Amount Per Serving
Calories **130**

% Daily Value*

Total Fat 2.5 **3%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 180 mg **8%**

Total Carbohydrates 26 g **9%**

Dietary Fiber 4 g **14%**

Total Sugars 2 g

Includes 1 g Added Sugars **2%**

Protein 5 g

Vitamin D 8%

Calcium 8%

Iron 60%

Potassium 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
28931000	200779	00016000289314	60/1.3 OZ

Brand	Brand Owner	GPC Description
Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.000 LBR	4.88 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	18.000 INH	2.10500 FTQ	9x5	312 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

1 container

INGREDIENTS

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

Keep in a dry cool place

PREPARATION & COOKING SUGGESTIONS

READY TO EAT

MORE INFORMATION

200779 - Cheerios(TM) Cereal Single Serve Cup 1.3 oz

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in the perfect size option for the on-the-go patron.



NUTRITIONAL ANALYSIS



Calories	130
Protein	5 g
Total Carbohydrates	26 g
Sugars	2 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	180 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



ARTIFICIAL_SWEETENERS	FREE_FROM	GLUTEN	FREE_FROM	FAT	LOW
TRANS_FAT	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	MSG	FREE_FROM
CALCIUM	GOOD_SOURCE_OF	FIBRE	GOOD_SOURCE_OF	VITAMIN_D	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM	GMO	FREE_FROM
FREE_FROM_GLUTEN	YES	VEGETARIAN	YES	KOSHER	YES

MORE IMAGES

