

# 10 Lb (4.54 kg) Oven Ready Batter Dipped Pollock Wedges 4 oz, Kosher, CN, MSC

High Liner Batter Dipped Alaska Pollock Wedges deliver the perfect blend of delicate crunch and tender, flavorful flaky fish. Formed from premium wild caught Alaska Pollock, these delicious, ready-to-bake wedges cook from frozen to crunchy perfection in no time, with excellent plate coverage and appeal for Child Nutrition applications, and more.

Product Last Saved Date: 20 October 2025



**HIGH LINER**  
FOODSERVICE™



## Nutrition Facts

40 Servings per container

**Serving Size** 1 Wedge (112g)

**Amount Per Serving**

**Calories** **230**

% Daily Value\*

**Total Fat** 11 g **15%**

Saturated Fat 2 g **9%**

Trans Fat 0 g

**Cholesterol** 45 mg **16%**

**Sodium** 430 mg **19%**

**Total Carbohydrates** 18 g **6%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 14 g

Vitamin D 1.3 mcg 6%

Calcium 0 mg 0%

Iron 0.9 mg 4%

Potassium 270 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
06564	00074638065649	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

64.4% POLLOCK, 35.6% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BLEACHED WHEAT FLOUR, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SOYBEAN OIL, IODIZED SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, NONFAT MILK, EGGS, SUNFLOWER LECITHIN. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK, EGGS

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - C	Milk - C	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 12-14 minutes.

CONVENTIONAL OVEN: Preheat oven to 450°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

### Serving Suggestions:

Ideal for school lunch entrées with nutritional side, as well as restaurant fish baskets and seafood platters. Pairs well with tartar sauce or your own sauce recipes.

### Species / Scientific Name:

Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: ONE 4.00 OZ OVEN READY BATTER DIPPED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. Disclaimer: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.



Information subject to change without notice at the discretion of High Liner Foods (USA)  
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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

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LOT#: 1234567890



From an MSC certified sustainable fishery. www.msc.org MSC-C-50552

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CN 100590 ONE 4.00 OZ OVEN READY BATTER DIPPED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 10/2023) CN

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664 www.highlinerfoodservice.com

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High Liner Bid Desk Contact and Specification Verification:

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