



MARKETING

# Nutrition Facts

213 Servings per container

**Serving Size** 1.00 PC

**Amount Per Serving**

**Calories** 196.27

% Daily Value\*

<b>Total Fat</b>	10.14 g	16%
Saturated Fat	4.32 g	22%
Trans Fat	0 g	
<b>Cholesterol</b>	9.02 mg	3%
<b>Sodium</b>	187.9 mg	8%
<b>Total Carbohydrates</b>	24.55 g	8%
Dietary Fiber	0.65 g	3%
Total Sugars	14.96 g	
Includes Added Sugars		%
<b>Protein</b>	2.03 g	

Vitamin D %

Calcium 21.26 mg 2%

Iron 0.77 mg 4%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
23207	563828	00081898232070	213 x 1.5 OZ			
Brand	Brand Owner	GPC Description				
Hope's Country Fresh Cookies	HOPES COUNTRY FRESH COOKIES	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
21.25 LBR	20 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.5 INH	9.5 INH	8.25 INH	0.6577 FTQ	12x8	304 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

KEEP FROZEN UNTIL READY TO BAKE

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - C

Eggs - C

Soybean - C

Wheat - C

Sesame - NI

Peanuts - MC

Tree - MC

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

Enriched Wheat Flour (bleached and unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin), Sugar, Margarine (Soybean Oil, Palm Oil, Water, Salt, Mono and Diglycerides, Soy Lecithin, Natural Flavor, Annatto Color, Vitamin A Palmitate), Water, Nonfat Dry Milk, Eggs (pasteurized), Modified Food Starch, Whey protein, N & A Flavoring, Invert Sugar, Salt, Soy Lecithin, Baking Soda, Natural Flavor, Guar Gum.

PREPARATION & COOKING SUGGESTIONS

SERVING SUGGESTIONS

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	196.27	Total Fat	10.14 g	Sodium	187.9 mg
Protein	2.03 g	Trans Fat	0 g	Calcium	21.26 mg
Total Carbohydrates	24.55 g	Saturated Fat	4.32 g	Iron	0.77 mg
Sugars	14.96 g	Added Sugars		Potassium	
Dietary Fiber	0.65 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	9.02 mg		
Vitamin A (IU)	44.7 44.7 iu	Vitamin D		Thiamin	
Vitamin A (RE)	44.7	Vitamin E		Niacin	
Vitamin C	0.16 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	KOSHER	YES
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