

# 568118 - Naturally Flavored Wild Blueberry Muffin Made With Wh...

Delicious, thaw and serve individually wrapped 2 ounce muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines without sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chocolate Chip.



### MARKETING

Certified Kosher Dairy. Meets Smart Snack Criteria. Can be Sold to Schools. 0g Trans fat per serving. Minimum 50% of total grains as whole grain. No High Fructose Corn Syrup.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10143	568118	10013087101437	72 x 2 OZ

Brand	Brand Owner	GPC Description
Otis Spunkmeyer-Delicious Essential	ASPIRE BAKERIES	Bread/Bakery Products Variety Packs

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.750 LBR	9.000 LBR	No	United States	Yes	Yes

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.313 INH	11.438 INH	8.250 INH	0.9454 FTQ	9x9	365 Days	-10 FAH / 10 FAH

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

### HANDLING SUGGESTIONS

Individually wrapped muffins are bulk packed in a master shipping case. Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 21 days (in original, sealed film); After Defrost Storage Type: AMBIENT

### SERVING SUGGESTIONS

Serve along side your favorite beverage

### PREPARATION & COOKING SUGGESTIONS

Thaw and serve. Must keep frozen until ready to use.

### MORE INFORMATION

## Nutrition Facts

72 Servings per container

**Serving Size** 1 MUFFIN

**Amount Per Serving**  
**Calories** 190

% Daily Value\*

**Total Fat** 6 g 8%

Saturated Fat 2 g 10%

Trans Fat 0 g

**Cholesterol** 30 mg 10%

**Sodium** 130 mg 6%

**Total Carbohydrates** 30 g 11%

Dietary Fiber 2 g 7%

Total Sugars 16 g

Includes 16 g Added Sugars 32%

**Protein** 3 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 0.9 mg 6%

Potassium 90 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, Malted Barley Flour, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, OAT FIBER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), PROPYLENE GLYCOL ESTER OF FATTY ACIDS, SODIUM ALGINATE, NATURAL AND ARTIFICIAL FLAVOR, SALT, MONO- AND DIGLYCERIDES, NATURAL BLUEBERRY FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, BLUEBERRY JUICE CONCENTRATE, MALIC ACID, BLACKBERRY JUICE CONCENTRATE, ENZYMES. CONTAINS: EGGS, SOY, WHEAT.

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## NUTRITIONAL ANALYSIS



Calories	190
Protein	3 g
Total Carbohydrates	30 g
Sugars	16 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	16 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	30 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	130 mg
Calcium	30 mg
Iron	0.9 mg
Potassium	90 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



KOSHER	YES
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## MORE IMAGES

