

Otis Spunkmeyer-Delicious Essential

568118 - Naturally Flavored Wild Blueberry Muffin Made With Wh...

Delicious, thaw and serve individually wrapped 2 ounce muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines without sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chocolate Chip.



MARKETING

Certified Kosher Dairy. Meets Smart Snack Criteria. Can be Sold to Schools. 0g Trans fat per serving. Minimum 50% of total grains as whole grain. No High Fructose Corn Syrup.

PRODUCT SPECIFICATIONS

| Code | Dist Prod Code | GTIN | Calculated Pack | | | |
|-------------------------------------|----------------|---------------------------------|---|--------|-----------------|----------------------|
| 10143 | 568118 | 10013087101437 | 72 x 2 OZ | | | |
| Brand | | Brand Owner | GPC Description | | | |
| Otis Spunkmeyer-Delicious Essential | | ASPIRE BAKERIES | Bread/Bakery Products Variety Packs | | | |
| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition | |
| 10.750 LBR | 9.000 LBR | No | United States | Yes | Yes | |
| Shipping | | | | | | |
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 17.313 INH | 11.438 INH | 8.250 INH | 0.9454 FTQ | 9x9 | 365 Days | -10 FAH / 10 FAH |
| Traceability Regulation | | | | | | |
| Regulation Type Code | Regulatory Act | Trade Item Regulation Compliant | Regulation Restrictions and Descriptors | | | |
| N/A | N/A | N/A | N/A | | | |

HANDLING SUGGESTIONS

Individually wrapped muffins are bulk packed in a master shipping case. Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 21 days (in original, sealed film); After Defrost Storage Type: AMBIENT

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - 30

Eggs - C

Soybean - C

Wheat - C

Sesame - 30

AU - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - 30

Crustaceans - 30

Nutrition Facts

72 Servings per container

Serving Size1 MUFFIN

Amount Per Serving

Calories190

% Daily Value*

Total Fat6 g8%

Saturated Fat2 g10%

Trans Fat0 g

Cholesterol30 mg10%

Sodium130 mg6%

Total Carbohydrates30 g11%

Dietary Fiber2 g7%

Total Sugars16 g

Includes 16 g Added Sugars32%

Protein3 g

Vitamin D0 mcg0%

Calcium30 mg2%

Iron0.9 mg6%

Potassium90 mg2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, OAT FIBER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), PROPYLENE GLYCOL ESTER OF FATTY ACIDS, SODIUM ALGINATE, NATURAL AND ARTIFICIAL FLAVOR, SALT, MONO- AND DIGLYCERIDES, NATURAL BLUEBERRY FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, BLUEBERRY JUICE CONCENTRATE, MALIC ACID, BLACKBERRY JUICE CONCENTRATE, ENZYMES. CONTAINS: EGGS, SOY, WHEAT.

Last Saved: 25 March 2025 | Printed: 01 August 2025

Powered by Syndigo LLC - syndigo.com

Page 1 of 3

Otis Spunkmeyer-Delicious Essential

568118 - Naturally Flavored Wild Blueberry Muffin Made With Wh...

Delicious, thaw and serve individually wrapped 2 ounce muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines without sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chocolate Chip.

PREPARATION & COOKING SUGGESTIONS

Thaw and serve. Must keep frozen until ready to use.

SERVING SUGGESTIONS

Serve along side your favorite beverage

MORE INFORMATION

NUTRITIONAL ANALYSIS

| | | | | | |
|---------------------|------|---------------------|-------|--------------|--------|
| Calories | 190 | Total Fat | 6 g | Sodium | 130 mg |
| Protein | 3 g | Trans Fat | 0 g | Calcium | 30 mg |
| Total Carbohydrates | 30 g | Saturated Fat | 2 g | Iron | 0.9 mg |
| Sugars | 16 g | Added Sugars | 16 g | Potassium | 90 mg |
| Dietary Fiber | 2 g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 30 mg | | |
| Vitamin A (IU) | | Vitamin D | 0 mcg | Thiamin | |
| Vitamin A (RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0 mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

NUTRITIONAL CLAIMS

| | |
|--------|-----|
| KOSHER | YES |
|--------|-----|

MORE IMAGES



Otis Spunkmeyer-Delicious Essential

568118 - Naturally Flavored Wild Blueberry Muffin Made With Wh...

Delicious, thaw and serve individually wrapped 2 ounce muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines without sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chocolate Chip.

MORE IMAGES

