

# 8314 - Cheese & Jalapeno Arepa Mini Gluten Free

A traditional and popular accompaniment / snack in Spain and several parts of Latin America; arepas have seen a steady adoption in menu placement throughout North America due to their crisp and creamy texture, and exceptional corn maize flavor making them ideal for any culinary adoption. To best meet your customers' needs and expectations, Kabobs' culinary team have crafted a mi...



### MARKETING

Mini Cheese & Jalapeno Arepa.

## Nutrition Facts

65 Servings per container

**Serving Size** 3.0 EA

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**Amount Per Serving**

**Calories** 180

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% Daily Value\*

**Total Fat** 10 g **13%**

Saturated Fat 4.5 g **23%**

Trans Fat 0 g

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**Cholesterol** 20 mg **7%**

**Sodium** 520 mg **23%**

**Total Carbohydrates** 18 g **7%**

Dietary Fiber 2 g **6%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

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**Protein** 5 g

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Vitamin D 0.1 mcg 0%

Calcium 100 mg 8%

Iron 0.8 mg 4%

Potassium 110 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
K8314		00745378831404		196/1 OZ		
Brand	Brand Owner	GPC Description				
Kabobs	Kabobs	Sandwiches/Filled Rolls/Wraps (Perishable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
13.5 LBR	12.25 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.5 INH	9.25 INH	6.625 INH	0.59 FTQ	10x08	365 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

keep frozen-----

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - C
- Wheat - MC
- Sesame - N
- Molluscs - MC
- Peanuts - MC
- Tree - MC
- Fish - MC
- Shellfish - MC
- Crustaceans - MC

### INGREDIENTS

Water, pre cooked white corn meal enriched, mozzarella cheese, butter alternative, filling: cream cheese, monterey jack cheese, modified corn starch

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### PREPARATION & COOKING SUGGESTIONS

From frozen bake in a Pre-heated 350°F convection oven for 8-10 minutes or until golden brown. Or, from frozen deep fry at 350°F for 3-4 minutes or until golden brown. Or, from frozen pan fry over medium high heat once hot add the mini arepas. Cook for 2-3 minutes then flipping and cook for another 2-3 minutes until or until golden brown.

### SERVING SUGGESTIONS

•Hors d'oeuvre Component: Top with variety of items (Cochinita Pibil, Chicken Mole, Ceviche, Roasted Vegetables, BBQ Pork, Guacamole & Queso Fresco, etc...). •Accents to Small Plates: Accompaniment to salads or soup.

### MORE INFORMATION