

10 Lb (4.54 kg) Battered Diamond Cut Cod Portions 3 oz, Kosher

High Liner Foodservice Battered Diamond Cuts' distinctive shape gives them truly unique plate appeal. It also makes this Cod highly versatile for a wide range of applications, and absolutely perfect for fish and chips. Each wild caught portion is dipped in a signature seasoned batter, and easily bakes or deep-fries from frozen to deliciously crunchy, flaky fish perfection, with excellent plate coverage. This Cod is a definite no-brainer for any seafood menu worth its salt.

Product Last Saved Date: 01 October 2026

HIGH LINER FOODSERVICE™

Nutrition Facts

53 Servings per container

Serving Size **1 Portion (84g)**

Amount Per Serving

Calories **190**

	% Daily Value*
Total Fat 10 g	**13%**
Saturated Fat 1 g	**4%**
Trans Fat 0 g	
Cholesterol 20 mg	**6%**
Sodium 400 mg	**17%**
Total Carbohydrates 16 g	**6%**
Dietary Fiber 0 g	**0%**
Total Sugars 0 g	
Includes 0 g Added Sugars	**0%**
Protein 9 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.8 mg	4%
Potassium 150 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10004222	10073538042221	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

Ingredients :

COD, WATER, CANOLA OIL, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SPICES, SALT, IODIZED SALT, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE). CONTAINS: FISH (COD), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: DEEP FRY: Deep fry frozen portions at 350°F for 3-3½ minutes. BAKE: Preheat oven to 425°F. Place frozen portions on crumpled aluminum foil and bake for about 20 minutes, turn once. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

Serving Suggestions:

Battered Diamond Cuts are ideal as an entrée, sandwich or a uniquely styled fish basket. They pair well with a variety of complementary sides and sauces.

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:


PERISHABLE
KEEP FROZEN


