

10021908501243 - Cascadian Farm(TM) Organic Frozen Vegetables ...

Organically grown vegetables brings nature's purest flavors to your table.. Bulk packaged in 12 - 16 oz packages. 6 servings per package.. Quick and easy to prepare. Microwave or stovetop directions. Ready in minutes.. Certified organic, Non-GMO Project Verified.



MARKETING

Certified Organic and non GMO Cascadian Farm(TM) frozen sweet corn is our premium sweet corn that is versatile for any occasion. Bulk packaged in 12 - 16 oz packages. 6 servings per package.



Nutrition Facts

60 Servings per container
Serving Size 2/3 cup (95g) frozen 1/2 cup prepared

Amount Per Serving
Calories 100

% Daily Value*

Total Fat 0.5 1%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrates 20 g 7%

Dietary Fiber 2 g 7%

Total Sugars 2 g

Includes 0 g Added Sugars 0%

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0.4 mg 2%

Potassium 200 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
650124000		10021908501243			12/16 OZ		
Brand		Brand Owner			GPC Description		
Cascadian Farm		GENERAL MILLS SALES INC.			Vegetables - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition	
13.000 LBR	12.000 LBR	No		United States	Yes	No	
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
15.680 INH	7.810 INH	8.000 INH	0.56700 FTQ	15x5	744 Days	0 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code			Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
BUY_AMERICAN_PROVISION_USDA			N/A	UNSPECIFIED		N/A	

HANDLING SUGGESTIONS

KEEP FROZEN

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Peanuts - NI
- Eggs - NI
- Tree - NI
- Soybean - NI
- Fish - NI
- Wheat - NI
- Shellfish - NI
- Sesame - NI
- X99 - UN

INGREDIENTS

Organic Corn.

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PREPARATION & COOKING SUGGESTIONS

FOR FOOD SAFETY AND QUALITY, FOLLOW THE COOKING DIRECTIONS. BEFORE EATING, COOK TO AT LEAST 160°F. KEEP FROZEN UNTIL READY TO COOK. REFRIGERATE LEFTOVERS. STOVETOP DIRECTIONS Heat 1/3 Cup Water to boiling in 2-quart saucepan. Add corn. Cover; cook over medium-high heat 7 to 10 minutes, stirring occasionally. Drain.

SERVING SUGGESTIONS

Serve as a side dish or use in recipes.

MORE INFORMATION

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