

Malt-O-Meal

202957 - Raisin Bran bowl pack cereal

Whold Grain Product Stamp



MARKETING

Nutrition Facts

96 Servings per container

Serving Size1 bowl

Amount Per Serving

Calories110

% Daily Value*

Total Fat0.5 g1%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium140 mg6%

Total Carbohydrates27 g10%

Dietary Fiber5 g18%

Total Sugars11 g

Includes 5 g Added Sugars11%

Protein3 g

Vitamin D1.2 mcg6%

Calcium0 mg0%

Iron6.3 mg35%

Potassium188 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
00715	202957	10042400007156	96/1.25 oz			
Brand	Brand Owner	GPC Description				
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.17 LBR	7.5 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.7909 FTQ	9x3	365 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - C

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

Ingredients: Whole Grain Wheat, Raisins, Wheat Bran, Sugar, Wheat Flour, Malted Barley Flour, Salt. Vitamins and Minerals: Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Vitamin A Palmitate, Pyridoxine Hydrochloride (Vitamin B6), Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Vitamin B12, Vitamin D3. CONTAINS WHEAT.

PREPARATION & COOKING SUGGESTIONS

Add milk

SERVING SUGGESTIONS

serve with fruit and/or milk

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	110	Total Fat	0.5 g	Sodium	140 mg
Protein	3 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	27 g	Saturated Fat	0 g	Iron	6.3 mg
Sugars	11 g	Added Sugars	5 g	Potassium	188 mg
Dietary Fiber	5 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	180	Vitamin D	1.2 mcg	Thiamin	
Vitamin A (RE)	180	Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	KOSHER	YES
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