



MARKETING

Nutrition Facts

96 Servings per container	
Serving Size	1 bowl
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 140 mg	6%
Total Carbohydrates 27 g	10%
Dietary Fiber 5 g	18%
Total Sugars 11 g	
Includes 5 g Added Sugars	11%

Protein 3 g	
Vitamin D 1.2 mcg	6%
Calcium 0 mg	0%
Iron 6.3 mg	35%
Potassium 188 mg	4%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
00715	202957	10042400007156	96/1.25 oz

Brand	Brand Owner	GPC Description
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.17 LBR	7.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.7909 FTQ	9x3	365 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS

serve with fruit and/or milk

INGREDIENTS

Ingredients: Whole Grain Wheat, Raisins, Wheat Bran, Sugar, Wheat Flour, Malted Barley Flour, Salt. Vitamins and Minerals: Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Vitamin A Palmitate, Pyridoxine Hydrochloride (Vitamin B6), Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Vitamin B12, Vitamin D3. CONTAINS WHEAT.

HANDLING SUGGESTIONS

Dry

PREPARATION & COOKING SUGGESTIONS

Add milk

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	110	Total Fat	0.5 g	Sodium	140 mg
Protein	3 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	27 g	Saturated Fat	0 g	Iron	6.3 mg
Sugars	11 g	Added Sugars	5 g	Potassium	188 mg
Dietary Fiber	5 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	180	Vitamin D	1.2 mcg	Thiamin	
Vitamin A (RE)	180	Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM	KOSHER	YES
-----------	-----------	--------	-----

MORE IMAGES

