

F'REAL

147624 - F'REAL BLEND & SERVE CHOCOLATE SHAKE

Fast and simple products for minimal labor and maximum output or craft-made concoctions customized to your menu.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack		
80050	147624	00813993000137	12/10 fl oz		

Brand	Brand Owner	GPC Description			
F'REAL	F'Real! Foods, LLC	Drinks Flavoured - Not Ready to Drink			

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.4 LBR	8.558 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16 INH	12 INH	5.6 INH	0.6222 FTQ	10x12	547 Days	-10 FAH / 0 FAH

HANDLING SUGGESTIONS

Keep Frozen

SERVING SUGGESTIONS

1 shake

PREPARATION & COOKING SUGGESTIONS

Storage: Product is frozen and must be warehoused at or below 0° F/-17.8C.

Nutrition Facts

1 Servings per container

Serving Size 16 fl oz (474 mL) as prepared

Amount Per Serving

Calories520

% Daily Value*

Total Fat 16 g21%

Saturated Fat 10 g49%

Trans Fat 0 g

Cholesterol 55 mg18%

Sodium 170 mg7%

Total Carbohydrates 83 g30%

Dietary Fiber 3 g11%

Total Sugars 63 g

Includes 49 g Added Sugars98%

Protein 11 g

Vitamin D 0.5 mcg2%

Calcium 350 mg25%

Iron 2.9 mg15%

Potassium 640 mg15%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

MILK, SUGAR, CORN SYRUP, CREAM, SKIM MILK, COCOA, COCOA PROCESSED WITH ALKALI, MONO AND DIGLYCERIDES, GUAR GUM, CARRAGEENAN. CONTAINS MILK. MAY CONTAINS TRACES OF PEANUTS, TREE NUTS, SOY, WHEAT, OR EGGS FROM MANUFACTURING AND BLENDING. DERIVED FROM BIOENGINEERING.

ALLERGENS

- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - C

Eggs - MC

Soybean - MC

Wheat - MC

Sesame - 30

AU - 30

Peanuts - MC

Tree - MC

Fish - 30

Shellfish - 30

Crustaceans - 30

Mustard - 30

MORE INFORMATION

Telephone : Call 1-800-356-7094 or email helpline@rich.com

F'REAL

147624 - F'REAL BLEND & SERVE CHOCOLATE SHAKE

Fast and simple products for minimal labor and maximum output or craft-made concoctions customized to your menu.

NUTRITIONAL ANALYSIS



Calories	160.91
Protein	3.43 g
Total Carbohydrates	25.66 g
Sugars	19.45 g
Dietary Fiber	0.92 g
Lactose	
Sucrose	
Vitamin A (IU)	212.66 212.66 iu
Vitamin A (RE)	212.66
Vitamin C	0.21 mg
Magnesium	
Monosodium	

Total Fat	4.95 g
Trans Fat	0.09 g
Saturated Fat	3.01 g
Added Sugars	15.2 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	16.25 mg
Vitamin D	0.16 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	51.77 mg
Calcium	109.08 mg
Iron	0.91 mg
Potassium	196.43 mg
Zinc	
Phosphorus	
Thiamin	0.05 mg
Niacin	0.12 mg
Riboflavin	0.16 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
--------	-----

MORE IMAGES

