147624 - F'REAL BLEND & SERVE CHOCOLATE SHAKE

Fast and simple products for minimal labor and maximum output or craft-made concoctions customized to your menu.



MARKETING



Nutrition Facts

1 Servings per container

Total Carbohydrates 83 g

Serving Size 16 fl oz (474 mL) as prepared

Amount Per Serving Calories

	% Daily Value*
Total Fat 16 g	21%
Saturated Fat 10 g	49%
Trans Fat 0 g	
Cholesterol 55 mg	18%

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Sodium 170 mg	7%
Total Carbohydrates 83 g	30%

Dietary Fiber 3 g	11%	
Total Sugars 63 g		
Includes 49 g Added Sugars	98%	

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Protein 11 g	
Vitamin D 0.5 mcg	2%

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Calcium 350 mg	25%
Iron 2.9 mg	15%
Potassium 640 mg	15%

⁵ The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code Dist Prod Code		Dist Prod Code	GTIN	Calculated Pack
	80050	147624	00813993000137	12/10 fl oz

Brand	Brand Owner	GPC Description
F'REAL	F'Real! Foods, LLC	Drinks Flavoured - Not Ready to Drink

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.4 LBR	8.558 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16 INH	12 INH	5.6 INH	0.6222 FTQ	10x12	547 Days	-10 FAH / 0 FAH

HANDLING SUGGESTIONS

Keep Frozen



SERVING SUGGESTIONS



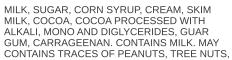
PREPARATION & COOKING SUGGESTIONS



1 shake

Storage: Product is frozen and must be warehoused at or below 0° F/-17.8C.

INGREDIENTS



SOY, WHEAT, OR EGGS FROM MANUFACTURING AND BLENDING. DERIVED FROM BIOENGINEERING.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(A) Milk - C

(🖒) Peanuts - MC

(Eggs - MC



(%) Soybean - MC



(♠) Wheat - MC



(%) Sesame - 30



() AU - 30

Mustard - 30

MORE INFORMATION



Telephone: Call 1-800-356-7094 or email helpline@rich.com

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NUTRITIONAL ANALYSIS



Calories	160.91
Protein	3.43 g
Total Carbohydrates	25.66 g
Sugars	19.45 g
Dietary Fiber	0.92 g
Lactose	
Sucrose	
Vitamin A (IU)	212.66 212.66 iu
Vitamin A (RE)	212.66
Vitamin C	0.21 mg
Magnesium	
Monosodium	

Total Fat	4.95 g
Trans Fat	0.09 g
Saturated Fat	3.01 g
Added Sugars	15.2 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	16.25 mg
Vitamin D	0.16 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	51.77 mg
Calcium	109.08 mg
Iron	0.91 mg
Potassium	196.43 mg
Zinc	
Phosphorus	
Thiamin	0.05 mg
Niacin	0.12 mg
Riboflavin	0.16 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER YES

MORE IMAGES







