147624 - F'REAL BLEND & SERVE CHOCOLATE SHAKE

Fast and simple products for minimal labor and maximum output or craft-made concoctions customized to your menu.



MARKETING



Nutrition Facts

1 Servings per container

Serving Size 16 fl oz (474 mL) as prepared

Amount	Per	Serving
Calc	ri	29

Calories	520
	% Daily Value*
Total Fat 16 g	21%
Saturated Fat 10 g	49%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 170 mg	7%
Total Carbohydrates 83 g	30%
Dietary Fiber 3 g	11%
Total Sugars 63 g	
Includes 49 g Added Sugars	98%
Protein 11 g	
Vitamin D 0.5 mcg	2%
Calcium 350 mg	25%
Iron 2.9 mg	15%
Potassium 640 mg	15%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code				GTIN			Calculated Pack			
80050	147624				00813993000137			12/	10 fl oz		
Brand	Brand Brand Owner				GPC Description						
F'REAL	F'REAL F'Real! Foods, LLC				Drinks Flavoured - Not Ready to Drink						
Gross Wei	ght	Net	Weight	Case	Catch	Weight Country Of Orig		Origin	Kosher	Child Nutrition	
9.4 LBR		8.5	58 LBR		No		United States		es	Yes	No
Shipping											
Length	Wic	Width Height		Vo	lume	ne TIxHI		Shelf Life		Storage Temp From/To	
16 INH	12 INH 5.6 INH		0.62	22 FTQ	10x12		547 Days	-10 FA		AH / 0 FAH	
Traceability Regulation											
Regulation Type Regulatory Tra		Trac	ade Item Regulation Compliant		Regulation Restrictions and Descriptors						

HANDLING SUGGESTIONS

N/A

N/A

Keep Frozen



N/A

ALLERGENS



Milk - C

Peanuts - MC

(Eggs - MC

Tree - MC

N/A

(🗞) Soybean - MC (SO) Fish - 30

(Wheat - MC

Shellfish - 30

(%) Sesame - 30

Crustaceans - 30

(!) AU - 30

(!) Mustard - 30

INGREDIENTS

MILK, SUGAR, CORN SYRUP, CREAM, SKIM MILK, COCOA, COCOA PROCESSED WITH ALKALI, MONO AND DIGLYCERIDES, GUAR GUM, CARRAGEENAN. CONTAINS MILK. MAY CONTAINS TRACES OF PEANUTS, TREE NUTS, SOY, WHEAT, OR EGGS FROM MANUFACTURING AND BLENDING. DERIVED FROM BIOENGINEERING.

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION



Storage: Product is frozen and must be warehoused at or below 0° F/-17.8C.

1 shake

Telephone : Call 1-800-356-7094 or email helpline@rich.com

NUTRITIONAL ANALYSIS



Calories	160.91
Protein	3.43 g
Total Carbohydrates	25.66 g
Sugars	19.45 g
Dietary Fiber	0.92 g
Lactose	
Sucrose	
Vitamin A (IU)	212.66 212.66 iu
Vitamin A (RE)	212.66
Vitamin C	0.21 mg
Magnesium	
Monosodium	

Total Fat	4.95 g
Trans Fat	0.09 g
Saturated Fat	3.01 g
Added Sugars	15.2 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	16.25 mg
Vitamin D	0.16 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	51.77 mg
Calcium	109.08 mg
Iron	0.91 mg
Potassium	196.43 mg
Zinc	
Phosphorus	
Thiamin	0.05 mg
Niacin	0.12 mg
Riboflavin	0.16 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

(!)

KOSHER

YES

MORE IMAGES







