

MARKETING



Amount Per Serving 200 **Calories**

57 grams

Nutrition Facts

Servings per container

Serving Size

	% Daily Value*
Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrates 47 g	16%
Dietary Fiber 6 g	24%
Total Sugars 12 g	
Includes Added Sugars	%
Protein 5 g	
Vitamin D	%
Calcium	0%
Iron	90%

^e The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

- Report of Left feet feet											
Code		Dist Prod Code				GTIN				Calculated Pack	
28571		200336				00884912285713				1/60 ea	
Brand	Brand Owner				GPC Description						
Post	Post Consumer Brands			Cereals Products - Ready to Eat (Shelf Stable)							
Gross Weight Net Weight		Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition				
10.95 LBR 8.125 LBR			No			United States		Undeclared	No		
Shipping											
Length	Width Heig		ht	Volume T		Tlxl	HI	Shelf Life		Storage Temp From/To	
20.69 INH	11.69 INH 14.63 IN		INH	2.048 F	TQ 8x3		365 Days		30 FAH / 100 FAH		
Traceability Regulation											
Regulation Type Regulatory Code Act			•	Tra	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors			
N/A N/A				N/A			N/A				

HANDLING SUGGESTIONS

Dry Storage



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'



(Peanuts - NI





Tree - NI



🗞 Soybean - NI

(S) Fish - NI



(Wheat - NI



Shellfish - NI



(%) Sesame - NI

INGREDIENTS



Ingredients: Whole Grain Wheat, Sugar, Gelatin. Vitamins and Minerals: Reduced Iron, Niacinamide (Vitamin B3), Folic Acid, Zinc Oxide, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12. Contains Wheat

200336 - Post Variety Cup Pack

Renefits vary by cup flavor

PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION

(+)

NUTRITIONAL ANALYSIS



Calories	200
Protein	5 g
Total Carbohydrates	47 g
Sugars	12 g
Dietary Fiber	6 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

1 g
0 g
0 g
0 mg

Sodium	5 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES





