



MARKETING

Nutrition Facts

Servings per container

Serving Size57 grams

Amount Per Serving

Calories200

% Daily Value*

Total Fat 1 g2%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 5 mg0%

Total Carbohydrates 47 g16%

Dietary Fiber 6 g24%

Total Sugars 12 g

Includes Added Sugars%

Protein 5 g

Vitamin D%

Calcium0%

Iron90%

Potassium%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
28571	200336	00884912285713	1/60 ea

Brand	Brand Owner	GPC Description
Post	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.95 LBR	8.125 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20.69 INH	11.69 INH	14.63 INH	2.048 FTQ	8x3	365 Days	30 FAH / 100 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - NI

Eggs - NI

Soy - NI

Wheat - NI

Sesame - NI

Peanuts - NI

Tree Nuts - NI

Fish - NI

Shellfish - NI

SERVING SUGGESTIONS

INGREDIENTS

Ingredients: Whole Grain Wheat, Sugar, Gelatin. Vitamins and Minerals: Reduced Iron, Niacinamide (Vitamin B3), Folic Acid, Zinc Oxide, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12. Contains Wheat

HANDLING SUGGESTIONS

Dry Storage

PREPARATION & COOKING SUGGESTIONS

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	200	Total Fat	1 g	Sodium	5 mg
Protein	5 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	47 g	Saturated Fat	0 g	Iron	
Sugars	12 g	Added Sugars		Potassium	
Dietary Fiber	6 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg	Thiamin	
Vitamin A (IU)		Vitamin D		Niacin	
Vitamin A (RE)		Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS



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