



9/4 Lb Battered Cod Wedges, Cash & Carry, 2 oz, Kosher

High Liner Foodservice Battered Cod Wedges cook to the ideal crispy crunch, perfectly preserving all the moist and tender flakiness of this wild caught premium Cod inside. Each natural shaped wedge is dipped in a signature-seasoned batter and goes from fryer or oven to plate in minutes. The result is that craveable crunchy-to-fish bite adored by patrons of all ages, with the consistency and plate coverage you demand, without unnecessary waste.

Product Last Saved Date: 02 December 2024



Nutrition Facts

16 Servings per container

Serving Size 2 Wedges (112g)

Amount Per Serving

Calories 230

% Daily Value*

Total Fat 10 g **13%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 25 mg **9%**

Sodium 630 mg **27%**

Total Carbohydrates 22 g **8%**

Dietary Fiber 1 g **2%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 12 g

Vitamin D 0 mcg **0%**

Calcium 0 mg **0%**

Iron 1.1 mg **6%**

Potassium 210 mg **4%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10002015	10073538020151	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
40 LBR	36 LBR	N/A	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
28 INH	10 INH	14.25 INH	2.309 FTQ	6x3	540 Days	-10 FAH / 0 FAH

Ingredients :

COD, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SPICES, SALT, IODIZED SALT, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (ALUMINUM PHOSPHATE, SODIUM BICARBONATE). CONTAINS: FISH (COD), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

For food safety and quality, carefully follow these instructions. Prepare from frozen. Do not refreeze once thawed. Baking: Preheat oven to 425°F. Place frozen portions on crumpled aluminum foil and bake 15-17 minutes, turn once. Fry: Fry frozen portions at 350°F for 2 - 2 1/2 minutes. Adjust cooking time depending upon appliance characteristics. Cook to a minimum internal temperature of 155°F.

Serving Suggestions:

These natural shaped Cod Wedges are a no-brainer for fish and chips. Also Ideal for baskets, platters, and fish sandwiches. They pair well with a variety of complementary sauces and sides.

Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)
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Printed on 22 February 2025
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