

# 351471 - Land O Lakes® Prepared 50% Reduced Fat Macaroni and C...

Land O Lakes® Reduced Fat Macaroni and Cheese with semolina pasta is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 LB pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
43284000034500	351471	10034500432846	6/5 LB Pouch

Brand	Brand Owner	GPC Description
LAND O LAKES	LAND O'LAKES	Pasta/Noodles - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
32.5 LBR	30 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.88 INH	12.63 INH	5.63 INH	0.7769 FTQ	7x9	365 Days	-15 FAH / 0 FAH

## Nutrition Facts

9 Servings per container	
<b>Serving Size</b>	<b>1 CUP</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>420</b>
% Daily Value*	
<b>Total Fat</b> 16	<b>21%</b>
Saturated Fat 9 g	<b>45%</b>
Trans Fat 0.5 g	
<b>Cholesterol</b> 45 mg	<b>15%</b>
<b>Sodium</b> 1460 mg	<b>63%</b>
<b>Total Carbohydrates</b> 48 g	<b>17%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 9 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 25 g	
Vitamin D 0 mcg	0%
Calcium 617 mg	45%
Iron 2 mg	10%
Potassium 300 mg	6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - 30
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

## SERVING SUGGESTIONS



Heat and serve entrée or side that can be served as-is or with additional meat and vegetable mix-ins for maximum versatility.

## INGREDIENTS



Cooked Enriched Pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese (cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika (color), vitamin A palmitate, enzymes), Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch-Modified, Xanthan Gum.

## HANDLING SUGGESTIONS



Keep Frozen

## PREPARATION & COOKING SUGGESTIONS



Fully prepared product. Heat from a thawed state. See package for detailed preparation. Unopened pouch can be heated in steamer or boiling water until internal temperature reaches 165°F (about 35 - 40 min). Maintain hot holding temperature at 145°F. Use caution when opening pouch since product is very hot.

## MORE INFORMATION



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## NUTRITIONAL ANALYSIS

Calories	420
Protein	25 g
Total Carbohydrates	48 g
Sugars	9 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	171
Vitamin A (RE)	171
Vitamin C	
Magnesium	
Monosodium	

Total Fat	16
Trans Fat	0.5 g
Saturated Fat	9 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	45 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1460 mg
Calcium	617 mg
Iron	2 mg
Potassium	300 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

## MORE IMAGES

