

351471 - Land O Lakes® Prepared 50% Reduced Fat Macaroni and C...

Land O Lakes® Reduced Fat Macaroni and Cheese with semolina pasta is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 lb pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.



MARKETING



Nutrition Facts

9 Servings per container	
Serving Size	1 CUP
Amount Per Serving	
Calories	420
% Daily Value*	
Total Fat 16	21%
Saturated Fat 9 g	45%
Trans Fat 0.5 g	
Cholesterol 45 mg	15%
Sodium 1460 mg	63%
Total Carbohydrates 48 g	17%
Dietary Fiber 1 g	4%
Total Sugars 9 g	
Includes 0 g Added Sugars	0%

Protein 25 g	
Vitamin D 0 mcg	0%
Calcium 617 mg	45%
Iron 2 mg	10%
Potassium 300 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
43284000034500		351471		10034500432846		6/5 LB Pouch	
Brand		Brand Owner		GPC Description			
LAND O LAKES		LAND O'LAKES		Pasta/Noodles - Not Ready to Eat (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
32.5 LBR	30 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
18.88 INH	12.63 INH	5.63 INH	0.7769 FTQ	7x9	365 Days	-15 FAH / 0 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS



Keep Frozen

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - 30
- Eggs - C
- Tree - 30
- Soybean - 30
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30
- Crustaceans - 30

INGREDIENTS



Cooked Enriched Pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese (cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika (color), vitamin A palmitate, enzymes), Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch-Modified, Xanthan Gum.

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PREPARATION & COOKING SUGGESTIONS

Fully prepared product. Heat from a thawed state. See package for detailed preparation. Unopened pouch can be heated in steamer or boiling water until internal temperature reaches 165°F (about 35 - 40 min). Maintain hot holding temperature at 145°F. Use caution when opening pouch since product is very hot.

SERVING SUGGESTIONS

Heat and serve entrée or side that can be served as-is or with additional meat and vegetable mix-ins for maximum versatility.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	420
Protein	25 g
Total Carbohydrates	48 g
Sugars	9 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	171
Vitamin A (RE)	171
Vitamin C	
Magnesium	
Monosodium	

Total Fat	16
Trans Fat	0.5 g
Saturated Fat	9 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	45 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1460 mg
Calcium	617 mg
Iron	2 mg
Potassium	300 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

