

# High Liner Foodservice, 2.27 kg 5 lb, Breaded Scallops

High Liner Breaded Scallops are coated with a light, crispy, specially seasoned breading with a flavour and bite that elevates any application you choose. This both preserves and complements the buttery texture and sweet, succulent flavour that make the Scallop such a truly prized seafood. These quality wild caught Scallops come par-fried and individually quick frozen for freshness, preparation ease, and cost control. Each easily deep-fries or bakes to golden perfection, with the superb plate coverage you expect and menu versatility you need.

Product Last Saved Date: 17 February 2025



**HIGH LINER**  
FOODSERVICE™



## Nutrition Facts

Servings per container

**Serving Size Per about 4 scallops (91 g)**

Amount Per Serving

**Calories 170**

% Daily Value\*

**Total Fat** 5 g **7%**

Saturated Fat 0.4 g **2%**

Trans Fat 0 g

**Cholesterol** 15 mg **%**

**Sodium** 310 mg **13%**

**Total Carbohydrates** 20 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

**Protein** 11 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 1 mg **6%**

Potassium 250 mg **5%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
1676	10061763016766	

Brand	GPC Description
High Liner Foodservice	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
2.495 KGM			Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
31.9 CMT	22 CMT	9.9 CMT	0.0069 MTQ	16x8	540 Days	-25 CEL / -18 CEL

### Ingredients :

Scallops, Toasted wheat crumbs, Water, Corn starch, Canola oil, Wheat flour, Sugar, Salt, Xanthan gum, Spices. Contains: Scallops (mollusks), Wheat.

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: Place frozen breaded scallops in preheated 350°F (180°C) oil for about 5 ½ min. Let stand 2 min. FORCED AIR CONVECTION OVEN: Place single layer of frozen breaded scallops on shallow baking pan in preheated 425°F (220°C) oven for about 10 min. OVEN: Place single layer of frozen breaded scallops on shallow baking pan in preheated 450°F / 230°C oven for about 12 min. NOTE: Since appliances vary, these instructions are guidelines only. Cook to an internal temperature of 165°F (74°C).

### Serving Suggestions:

These specially breaded Scallops make an excellent sharable appetizer, or try them served on a plate of fettuccini.

### Species / Scientific Name:

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified: Yes  
Has CN Statement: No  
CN Statement:

