



High Liner Foodservice, 2.27 kg 5 lb, Breaded Scallops

High Liner Breaded Scallops are coated with a light, crispy, specially seasoned breading with a flavour and bite that elevates any application you choose. This both preserves and complements the buttery texture and sweet, succulent flavour that make the Scallop such a truly prized seafood. These quality wild caught Scallops come par-fried and individually quick frozen for freshness, preparation ease, and cost control. Each easily deep-fries or bakes to golden perfection, with the superb plate coverage you expect and menu versatility you need.

Product Last Saved Date: 04 June 2025



Nutrition Facts

Servings per container

Serving Size Per about 4 scallops (91 g)

Amount Per Serving

Calories

170

% Daily Value*

Total Fat 5 g

7%

Saturated Fat 0.4 g

2%

Trans Fat 0 g

Cholesterol 15 mg

%

Sodium 310 mg

13%

Total Carbohydrates 20 g

%

Dietary Fiber 0 g

0%

Total Sugars 0 g

Includes Added Sugars

%

Protein 11 g

Vitamin D

%

Calcium 10 mg

1%

Iron 1 mg

6%

Potassium 250 mg

5%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1676	10061763016766	

Brand	GPC Description
High Liner Foodservice	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
2.495 KGM			Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
31.9 CMT	22 CMT	9.9 CMT	0.0069 MTQ	16x8	540 Days	

Ingredients :

Scallops, Toasted wheat crumbs, Water, Corn starch, Canola oil, Wheat flour, Sugar, Salt, Xanthan gum, Spices. Contains: Scallops (mollusks), Wheat.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: Place frozen breaded scallops in preheated 350°F (180°C) oil for about 5 ½ min. Let stand 2 min. FORCED AIR CONVECTION OVEN: Place single layer of frozen breaded scallops on shallow baking pan in preheated 425°F (220°C) oven for about 10 min. OVEN: Place single layer of frozen breaded scallops on shallow baking pan in preheated 450°F / 230°C oven for about 12 min. NOTE: Since appliances vary, these instructions are guidelines only. Cook to an internal temperature of 165°F (74°C).

Serving Suggestions:

These specially breaded Scallops make an excellent sharable appetizer, or try them served on a plate of fettuccini.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:

