

# 14823 - Myzithra Wedge



Mizithra is a traditional unpasteurized Greek cheese made from the whey of sheep's, goats or cow's milk cheeses. It has a lovely aroma and mild, salty flavor, similar to an Italian Ricotta cheese, but a lot dryer. This Greek cheese has a very dry and crumbly texture; it is very easy to cut and grate, you can almost grate it with a knife or fork. Mizithra is perfect for grating ...



## MARKETING

Mizithra is a pasteurized sheep's milk cheese made and enjoyed all over Greece. Serve it as an appetizer with olives, tomatoes, basil and bread, like you would mozzarella.

## Nutrition Facts

181 Servings per container

**Serving Size** 25 g

**Amount Per Serving**

**Calories** 50

**% Daily Value\***

<b>Total Fat</b> 1.5 g	<b>2%</b>
Saturated Fat 1.1 g	<b>6%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 10 mg	<b>3%</b>
<b>Sodium</b> 410 mg	<b>18%</b>
<b>Total Carbohydrates</b> 1 g	<b>0%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 9 g	
Vitamin D 0 mcg	0%
Calcium 89.2 mg	6%
Iron 0.08 mg	0%
Potassium 27.88 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
14823	90820581148235	1/10 LB				
Brand	Brand Owner	GPC Description				
Kryssos	Kryssos	Cheese (Perishable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.371 LBR	10 LBR	Yes	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
11.625 INH	7.5 INH	5.875 INH	0.3 FTQ	20x08	180 Days	35 FAH / 37.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

## HANDLING SUGGESTIONS

Keep refrigerated-----

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

## INGREDIENTS

Pasteurized sheep's milk and cream, whey, and salt.

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### PREPARATION & COOKING SUGGESTIONS

Sliced to Desired Thickness

### SERVING SUGGESTIONS

Myzyithra is usually savored as a grating or cooking cheese over spaghettis. It is used as a table cheese, as well as in salads, pastries and in baking, notably in little cheese pi

### MORE INFORMATION