

550210 - Marzetti Frozen Pasta Southern Style Flat Dumpling wi...

Made with enriched flour, whole egg, and black pepper, Southern Style dumplings are flat, rectangular pieces of dough ready to create something comforting. Starting with the original frozen egg noodle, Marzetti Frozen Pasta® now offers a wide variety of precooked pastas that save time and labor in foodservice kitchens.



MARKETING

Old fashioned homemade appearance. Quick prep time (3-5 minutes). Prep only what is needed. Little or no wasted product. Saves on labor cost. Easy menu extensions. Consistently al dente results

Nutrition Facts

58 Servings per container

Serving Size1 cup

Amount Per Serving

Calories190

% Daily Value*

Total Fat 1.52%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 25 mg8%

Sodium 630 mg27%

Total Carbohydrates 38 g14%

Dietary Fiber 1 g4%

Total Sugars 1 g

Includes 0 g Added Sugars0%

Protein 6 g

Vitamin D 0 mcg0%

Calcium 0 mg0%

Iron 2.3 mg15%

Potassium 0 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
4130822005	550210	10041308220056	6 x 3#			
Brand	Brand Owner	GPC Description				
Marzetti Frozen Pasta	T. MARZETTI COMPANY	Pasta/Noodles - Not Ready to Eat (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
18.796 LBR	18 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.437 INH	9.187 INH	11.875 INH	1356.822 INQ	16x6	450 Days	-20 FAH / 32 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep Frozen

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - C

Soybean - N

Wheat - C

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SPICE, OLEORESIN TURMERIC, NATURAL FLAVOR.

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PREPARATION & COOKING SUGGESTIONS

1. Bring 3-4 quarts salted (optional) water or broth to a boil. 2. Place frozen dumplings in boiling liquid; stir dumplings to separate, return to boil. 3. Reduce heat; simmer uncovered for 3-5 minutes or to desired tenderness, stirring occasionally. 4. Drain and rinse. For Soups & Stews: Cook dumplings in broth for the same length of time. Omit salt.

SERVING SUGGESTIONS

Use to create any hearty dumpling dish like chicken and dumplings.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	190
Protein	6 g
Total Carbohydrates	38 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	25 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	630 mg
Calcium	0 mg
Iron	2.3 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

VEGETARIAN	YES
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MORE IMAGES

