

550210 - Marzetti Frozen Pasta Southern Style Flat Dumpling wi...



Made with enriched flour, whole egg, and black pepper. Southern Style dumplings are flat, rectangular pieces of dough ready to create something comforting. Starting with the original frozen egg noodle, Marzetti Frozen Pasta® now offers a wide variety of precooked pastas that save time and labor in foodservice kitchens.



MARKETING

Old fashioned homemade appearance. Quick prep time (3-5 minutes). Prep only what is needed. Little or no wasted product. Saves on labor cost. Easy menu extensions. Consistently al dente results

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
4130822005	550210	10041308220056	6 x 3#

Brand	Brand Owner	GPC Description
Marzetti Frozen Pasta	T. MARZETTI COMPANY	Pasta/Noodles - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
18.796 LBR	18 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
12.437 INH	9.187 INH	11.875 INH	1356.822 INQ	16x6	450 Days	-20 FAH / 32 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - C
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

HANDLING SUGGESTIONS

Keep Frozen

MORE INFORMATION

SERVING SUGGESTIONS

Use to create any hearty dumpling dish like chicken and dumplings.

PREPARATION & COOKING SUGGESTIONS

1. Bring 3-4 quarts salted (optional) water or broth to a boil. 2. Place frozen dumplings in boiling liquid; stir dumplings to separate, return to boil. 3. Reduce heat; simmer uncovered for 3-5 minutes or to desired tenderness, stirring occasionally. 4. Drain and rinse. For Soups & Stews: Cook dumplings in broth for the same length of time. Omit salt.

Nutrition Facts

58 Servings per container

Serving Size 1 cup

Amount Per Serving
Calories 190

% Daily Value*

Total Fat 1.5 **2%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 25 mg **8%**

Sodium 630 mg **27%**

Total Carbohydrates 38 g **14%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

Protein 6 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 2.3 mg 15%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SPICE, OLEORESIN TURMERIC, NATURAL FLAVOR.

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NUTRITIONAL ANALYSIS



Calories	190
Protein	6 g
Total Carbohydrates	38 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	25 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	630 mg
Calcium	0 mg
Iron	2.3 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



VEGETARIAN	YES
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