

F'REAL

225783 - F'REAL BLEND & SERVE MANGO WITH OTHER NATURAL FLAVORS...

Our frozen mango smoothie is made with chunks of real, juicy mango. Keep it fruit-forward or mix in a little tequila and lime juice for a frosty mango margarita.



MARKETING

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Nutrition Facts

12.0 Servings per container

Serving Size 10 fl oz as packaged (296mL)

Amount Per Serving

Calories280

% Daily Value\*

Total Fat 0 g0%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 25 mg1%

Total Carbohydrates 68 g25%

Dietary Fiber 1 g5%

Total Sugars 66 g

Includes 49 g Added Sugars97%

Protein 2 g

Vitamin D 0 mcg0%

Calcium 70 mg6%

Iron 0.2 mg2%

Potassium 260 mg6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
80054	225783	00813993000168	12 x .72#

Brand	Brand Owner	GPC Description
F'REAL	F'REAL! FOODS, LLC	Drinks Flavoured - Not Ready to Drink

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.49 LBR	8.64 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
16.0 INH	12.0 INH	5.6 INH	0.6222 FTQ	10x12	547 Days	-10.0 FAH / 0.0 FAH

HANDLING SUGGESTIONS

Keep Frozen

SERVING SUGGESTIONS

1 shake

PREPARATION & COOKING SUGGESTIONS

Storage: Product is frozen and must be warehoused at or below 0° F/-17.8C.

INGREDIENTS

INGREDIENTS: WATER, SKIM MILK, SUGAR, MANGO CONCENTRATE, PINEAPPLE JUICE CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: FRUCTOSE, DEXTROSE, CITRIC ACID, COLORED WITH (PUMPKIN JUICE CONCENTRATE), NATURAL FLAVOR, GUAR GUM, COLORED WITH (ANNATTO).

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - C

Eggs - MC

Soybean - MC

Wheat - MC

Sesame - 30

AU - C

Mustard - 30

Peanuts - MC

Tree - MC

Fish - 30

Shellfish - 30

Crustaceans - 30

Cereals - 30

Molluscs - 30

MORE INFORMATION

Telephone : Call 1-800-356-7094 or email helpline@rich.com

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NUTRITIONAL ANALYSIS

Calories	86.586	Total Fat	0.053 g	Sodium	8.201 mg
Protein	0.718 g	Trans Fat	0 g	Calcium	21.814 mg
Total Carbohydrates	20.81 g	Saturated Fat	0.023 g	Iron	0.065 mg
Sugars	20.264 g	Added Sugars	14.915 g	Potassium	80.954 mg
Dietary Fiber	0.396 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0.003 g	Phosphorus	
Sucrose		Cholesterol	0.289 mg		
Vitamin A (IU)	951.922 951.922 iu	Vitamin D	0 mcg	Thiamin	0 mg
Vitamin A (RE)	951.922	Vitamin E		Niacin	0 mg
Vitamin C	8.688 mg	Folate		Riboflavin	0 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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MORE IMAGES

