



MARKETING

Parboiled long grain brown rice with a chewy texture and nutty aroma. Serve this parboiled rice plain or pair it with your favorite meats and stir fry dishes as a satisfying rice side dish. This whole grain brown rice is vegetarian, made with 100% whole grains, contains no artificial flavors, no artificial colors, no preservatives, trans fat, or cholesterol

Nutrition Facts

Servings per container

Serving Size45g

Amount Per Serving

Calories161.65

% Daily Value\*

Total Fat%

Saturated Fat%

Trans Fat

Cholesterol%

Sodium 2.93 mg%

Total Carbohydrates 33.63 g%

Dietary Fiber%

Total Sugars

Includes Added Sugars%

Protein 3.78 g

Vitamin D%

Calcium%

Iron%

Potassium%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
423510	765344	00054800423682	1 x 25#			
Brand	Brand Owner	GPC Description				
BEN'S ORIGINAL	MARS INCORPORATED	Grains/Cereal - Not Ready to Eat - (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
25.322 LBR	25 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
2.992 INH	10.984 INH	25.984 INH	0.494 FTQ	8x12	450 Days	32 FAH / 86 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

A normal shelf life can be expected when stored at 23°C (73.4 °F), maximum 60% relative humidity. Temperatures greater than 23°C will result in a reduction of the normal shelf life. Consult R&D for the projected shelf life reduction.

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - NI

Peanuts - NI

Eggs - NI

Tree - NI

Soybean - NI

Fish - NI

Wheat - NI

Shellfish - NI

Sesame - NI

INGREDIENTS

WHOLE GRAIN BROWN RICE.

PREPARATION & COOKING SUGGESTIONS

STOVETOP METHOD Combine rice and water according to the table. Stir well. Bring to a boil. Cover, REDUCE HEAT and simmer until most of the water is absorbed (about 25 minutes). Transfer to serving pan and keep warm (160 ° F). Fluff with fork before serving. OVEN METHOD Combine rice and HOT water (190 °F) according to the table in a deep steam table pan. Stir well. Cover tightly and bake in a 350°F oven until most of the water is absorbed (about 35 minutes). Remove from oven and keep warm (160 °F). Fluff with fork before serving. STEAM OVEN METHOD Combine rice and HOT water (190 °F) according to the table in a steam table pan. Stir well. Cover and steam according to manufacturer's directions or until most of the water is absorbed (about 35 minutes). Remove from steam oven and keep warm (160°F). Fluff with fork before serving. FOR BEST R...

SERVING SUGGESTIONS

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	161.65	Total Fat		Sodium	2.93 mg
Protein	3.78 g	Trans Fat		Calcium	
Total Carbohydrates	33.63 g	Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS