



MARKETING

Nutrition Facts

Servings per container

Serving Size

45g

Amount Per Serving

Calories

161.65

% Daily Value*

Total Fat

%

Saturated Fat

%

Trans Fat

Cholesterol

%

Sodium

2.93 mg

%

Total Carbohydrates

33.63 g

%

Dietary Fiber

%

Total Sugars

%

Includes Added Sugars

%

Protein

3.78 g

Vitamin D

%

Calcium

%

Iron

%

Potassium

%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
423510	765344	00054800423682	1 x 25#

Brand	Brand Owner	GPC Description
BEN'S ORIGINAL	MARS INCORPORATED	Grains/Cereal - Not Ready to Eat - (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.322 LBR	25 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
2.992 INH	10.984 INH	25.984 INH	.60	6x12	450 Days	32 FAH / 86 FAH

ALLERGENS

- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - NI

Eggs - NI

Soy - NI

Wheat - NI

Sesame - NI

Peanuts - NI

Tree Nuts - NI

Fish - NI

Shellfish - NI

SERVING SUGGESTIONS

INGREDIENTS

WHOLE GRAIN BROWN RICE.

HANDLING SUGGESTIONS

PREPARATION & COOKING SUGGESTIONS

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	161.65	Total Fat		Sodium	2.93 mg
Protein	3.78 g	Trans Fat		Calcium	
Total Carbohydrates	33.63 g	Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

