



MARKETING

Nutrition Facts

13 Servings per container

Serving Size	3/4 cup
<hr/>	
Amount Per Serving	
Calories	120
<hr/>	
	% Daily Value*
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 110 mg	5%
Total Carbohydrates 25 g	9%
Dietary Fiber 0 g	0%
Total Sugars 20 g	
Includes 11 g Added Sugars	22%
Protein 5 g	
<hr/>	
Vitamin D 6 mcg	30%
Calcium 480 mg	35%
Iron 0 mg	0%
Potassium 290 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

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Code		Dist Prod Code	GTIN		Calculated Pack	
121063		227735	10078800113043		4/5lb UPFRM STRAW YOG	
Brand		Brand Owner			GPC Description	
Upstate Farms		Upstate Niagara Cooperative, Inc.			Yogurt (Perishable)	
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin		Kosher	Child Nutrition
21.5 LBR	20 LBR	No			Yes	No
Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.25 INH	12.25 INH	8.25 INH	.72	12x6	75 Days	34 FAH / 40 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

ALLERGENS

C = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **30** = 'Free From Not Tested' ; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

AU - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Mustard - N

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Strawberries, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Purple Carrot Juice Concentrate, Locust Bean Gum, Vitamin D3

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with fruit or granola.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	120	Total Fat	0	Sodium	110 mg
Protein	5 g	Trans Fat	0 g	Calcium	480 mg
Total Carbohydrates	25 g	Saturated Fat	0 g	Iron	0 mg
Sugars	20 g	Added Sugars	11 g	Potassium	290 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg	Thiamin	
Vitamin A (IU)	0	Vitamin D	6 mcg	Niacin	
Vitamin A (RE)	0	Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS

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Upstate Farms

227735 - Upstate Farms Strawberry Nonfat Yogurt 5lb

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