



MARKETING



Nutrition Facts

Servings per container

Serving Size

Amount Per Serving

Calories

% Daily Value*

Total Fat %

Saturated Fat %

Trans Fat

Cholesterol %

Sodium %

Total Carbohydrates %

Dietary Fiber %

Total Sugars

Includes Added Sugars %

Protein

Vitamin D %

Calcium %

Iron %

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
27149	203501	10884912271492	48 x 2 OZ

Brand	Brand Owner	GPC Description
SHREDDED WHEAT	Post Foods LLC	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.87 LBR	6 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TLXHI	Shelf Life	Storage Temp From/To
21.5 INH	16 INH	9.5 INH	1.89	5x5	365 Days	35 FAH / 85 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Peanuts - NI
- Eggs - NI
- Tree Nuts - NI
- Soy - NI
- Fish - NI
- Wheat - NI
- Shellfish - NI
- Sesame - NI

SERVING SUGGESTIONS



INGREDIENTS



HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



MORE INFORMATION



SHREDDED WHEAT

203501 - POST FROSTED SHREDDED WHEAT



NUTRITIONAL ANALYSIS



NUTRITIONAL CLAIMS



MORE IMAGES



Nutrition Facts Serving size 1 bowl (56g) Calories 190 per serving	Amount/Serving	%DV	Amount/Serving	%DV
	Total Fat 1g	2%	Total Carbohydrate 46g	17%
	Saturated Fat 0g	0%	Dietary Fiber 6g	12%
	Trans Fat 0g	0%	Total Sugar 12g	24%
	Cholesterol 0mg	0%	Includes 11g added sugars	22%
	Sodium 5mg	0%	Protein 5g	10%
	Vitamin D 0% • Calcium 0% • Iron 50% • Potassium 4% • Thiamin 90% • Niacin 25% Vitamin B6 25% • Folate 60mg DFE (folic acid) 15% • Pantothenic Acid 50% Phosphorus 15% • Magnesium 8% • Zinc 10%			