



MARKETING

High Liner Foodservice Fish Cakes feature a select blend of minced fish, sweet peppers, and seasonings that perfectly complement the natural fish flavors. They're carefully formed and shaped for that quintessential Fish Cake appearance with truly upper end plate appeal. With almost no prep needed, each quickly bakes or deep-fries from frozen, delivering a delicately crispy, flavorful flaky fish bite with every bite. This is everything you want in a classic favorite, taken to a delightfully higher level.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
10003405		00079149034054				
Brand		Brand Owner		GPC Description		
High Liner Foodservice		High Liner Foods Inc.		Fish - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	10.0 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.8125 INH	7.8125 INH	10.125 INH	0.5407 FTQ	20x4	540 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
TRACEABILITY_REGULATION		FSMA204	TRUE		N/A	

HANDLING SUGGESTIONS

Keep Frozen

ALLERGENS

Milk - C

Eggs - C

Soybean - C

Wheat - C

Sesame - C

Peanuts - INII

Tree - INII

Fish - C

Shellfish - NI

Crustaceans - INII

Nutrition Facts

40 Servings per container

Serving Size2 Portions (112g)

Amount Per Serving

Calories250

% Daily Value*

Total Fat 10 g12%

Saturated Fat 1.5 g8%

Trans Fat 0 g

Cholesterol 25 mg9%

Sodium 1610 mg70%

Total Carbohydrates 28 g10%

Dietary Fiber 0 g0%

Total Sugars 2 g

Includes 1 g Added Sugars2%

Protein 12 g

Vitamin D 1.5 mcg8%

Calcium 30 mg2%

Iron 0.9 mg6%

Potassium 230 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

MINCED FISH BLEND (COD, POLLOCK, ARCTIC CHAR, FLOUNDER, HALIBUT, HOKI, TILAPIA, HADDOCK, SALMON, WHITING, BLUE WHITING), WHEAT FLOUR, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SALT, CONTAINS 2% OR LESS OF: DEHYDRATED VEGETABLES (ONIONS, RED BELL PEPPERS, PARSLEY), SODIUM ALGINATE, ONION POWDER, MUSTARD, DEHYDRATED POTATOES (POTATOES, MONO & DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE AND CITRIC ACID ADDED AS A PRESERVATIVE), DRIED LEMON JUICE, SUGAR, CONCENTRATED LEMON JUICE, DEXTROSE, SESAME OIL, NONFAT MILK, CARRAGEENAN, CORN STARCH, SODIUM CITRATE, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHICKEN FLAVOR (CONTAINS HYDROLYZED CORN, SOY, WHEAT GLUTEN PROTEIN, AUTOLYZED YEAST EXTRACT, DEHYDRATED CHICKEN BROTH, CHICKEN FAT, THIAMINE HYDROCHLORIDE, CORN SYRUP SOLIDS), SPICES, MODIFIED CELLULOSE, YEAST, HYDROLYZED SOY PROTEIN, BLEACHED WHEAT FLOUR, NATURAL AND ARTIFICIAL FLAVOR (MALTODEXTRIN, INACTIVE YEAST, NATURAL AND ARTIFICIAL FLAVOR), GARLIC POWDER, TORULA YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT STARCH, YELLOW CORN FLOUR, DEHYDRATED ONION, CORN SYRUP SOLIDS, CITRIC ACID, EGG YOLKS, CELLULOSE GUM, WHOLE WHEAT FLOUR, BEER FLAVOR (DRIED YEAST, MALT EXTRACT, CORN SYRUP, AUTOLYZED YEAST EXTRACT), BEER (WATER, MALTED BARLEY, HOPS, YEAST, SELECT GRAINS), SOY FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOL...

00079149034054 - 10 Lb (4.54 kg) Par-Fried Breaded Fish Cakes ...

PREPARATION & COOKING SUGGESTIONS



COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes. TO BAKE: Place frozen fish cakes on a lightly oiled baking pan. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 20 minutes. CONVECTION OVEN: Preheat oven to 400°F and bake for about 15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

SERVING SUGGESTIONS



These Fish Cakes are ideal topped with mozzarella and Italian tomato sauce served with your favorite pasta. Or try them as a sandwich with the sauce and side of your choosing.

MORE INFORMATION



Website : www.highlinerfoods.com.